

# all FAIRLINGTON BULLETIN



SEPTEMBER 2021

Volume 47, Number 9

www.fca-fairlington.org

## Fresh biscuits, pastries, and exotic mushrooms arrive at weekly Farmers Market

### Inside this month

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*Patrice Olivon, chef and owner of J'aime Madeleine, poses behind his freshly baked pastries at the Fairlington Farmers Market in August. Photo by Guy Land.*

Vendors are preparing for a bustling fall season at the Fairlington Farmers Market (FFM) with an abundance of fresh and colorful seasonal produce and foods. Three new vendors have newly arrived on the scene: Freed's Biscuit Company, J'aime Madeleine, and Sweet Pea Farm. Products available for purchase range from biscuits and breakfast sandwiches, to French pastries and desserts, to a variety of fresh-picked exotic mushrooms.

We caught up with Chef Patrice Olivon, founder of J'aime Madeleine, to learn more about his story and what he enjoys about his craft.

Born in Casablanca, Morocco, Olivon was raised in Marseille, France, and started cooking and baking at home as a child. The first thing he made was a madeleine, a traditional French small cake.

His passion for cooking grew into a career and he spent his early years working in various positions ranging from serving as a cook on a ship route to working as a chef at a four-star hotel in Nice, France.

He immigrated to the United States with a friend and served as chef at Le Maison Blanche in Washington DC, the French Embassy, and the White House, where he cooked for two presidents and at world summits. After that he was program director at L'Academie de Cuisine, a former local cooking school.

"I taught chefs the basics and the tools that will never change," he explained. "I loved sharing my knowledge with the next generation of cooks."

*Continued on page 9*

# Coming up

The FCA Board invites all Fairlington residents to attend its meetings that occur on the second Wednesday of the month at the Fairlington Community Center (3308 S. Stafford St.) unless otherwise noted. Before the beginning of each monthly Executive Board meeting, FCA members have three minutes to address the board on matters affecting the community. Due to COVID-19, meetings are being held virtually and streamed on FCA's Facebook page.

## FCA monthly meeting September 8

**Special Presentation:** Representatives of Alexandria City Public Schools will provide a briefing on plans for the Minnie Howard campus of Alexandria City High School.

### Regular board business:

- Approval of August minutes
- Officer and committee reports
- Unfinished business
- New business

Meeting minutes: Minutes of prior meetings can be found on the FCA website.

### Online resources:

Find more information on the FCA website [www.fca-fairlington.org](http://www.fca-fairlington.org). Sign up for updates delivered to your inbox.



Find us on Facebook at Fairlington Citizens Association.

Find the latest *AFB* online at the FCA website the week before hard copies hit doorsteps.

Web design by Avatar Tech LLC, Alexandria, VA, [www.avatartech-llc.com](http://www.avatartech-llc.com).

### USEFUL CONTACTS

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Dominion (power outages)	888-667-3000
Fairlington Community Center	703-228-6588
Metrobus Complaints	703-228-7929
Miss Utility	811
Pothole Patrol Hotline	703-228-6485
Shirlington Library	703-228-6545
Street Light Hotline	703-228-6511
<a href="http://www.arlingtonva.us/departments/Environmental">www.arlingtonva.us/departments/Environmental</a>	
<a href="http://Services/dot/traffic/streetlights/index.htm">Services/dot/traffic/streetlights/index.htm</a>	
Helicopter Noise Complaints	Mike Lucier (VA 8th Dist.) 202-225-4376

### Fairlington Citizens Association

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### All Fairlington Bulletin

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**Advertising Manager:** Katarina Lesandric

**Distribution Manager:** Noemi Riveira

### — DEADLINE —

6 p.m., **10th of month** preceding publication month for commercial advertising, mini-ads, and editorial copy. Editorial announcements, story suggestions, and letters to the Editor should be sent to: [afbeditors@yahoo.com](mailto:afbeditors@yahoo.com).

Ad payment can be sent to: FCA • PO Box 6182 • Arlington, VA 22206-0182, locally dropped-off at the drop box in the Fairlington Community Center, 3308 S. Stafford Street, Arlington VA 22206 or pay via PayPal to [fca.fairlington.ads@gmail.com](mailto:fca.fairlington.ads@gmail.com). Ad file(s) should be included with payment and emailed to the Ad Manager at [fca.fairlington.ads@gmail.com](mailto:fca.fairlington.ads@gmail.com).

### COMMERCIAL ADVERTISING RATES

Artwork and checks made payable to FCA are due the 10th of the month preceding desired publication date. Direct inquiries regarding advertising file requirements to the Advertising Manager at 571-403-1942.

Ad Size	Height	Width	Rate
1/8 page	2 3/16 in.	3 5/8 in.	\$47
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1/2 page	4 5/8 in.	7.5 in.	\$195
Full-Page	9.5 in.	7.5 in.	\$395
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Full-Page Insert (1 Side)	11 in.	8.5 in.	\$525
Full-Page Insert (2 Sides)	11 in.	8.5 in.	\$570

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### Fairlington is a National Register and Virginia Landmark Historic District

**For more information, visit [www.fca-fairlington.org](http://www.fca-fairlington.org)**

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## Calendar

### Labor Day

Monday, September 6  
FCC Closed

### Fairlington Knits!

Monday, September 6, 6:30 p.m.  
See page 19 for details

### Fairlington diners

Thursday, September 16, 6:30 p.m.  
See page 19 for details

### FCA monthly meeting

Wednesday, September 8, 7 p.m.  
Virtually on FCA Facebook page

### Fairlington Knits!

Monday, September 20, 6:30 p.m.  
See page 19 for details

### Blood drive

Tuesday, September 21 (tentative)  
10 a.m.–3 p.m., FCC

### Book group

Tuesday, September 28,  
5:30 p.m. in-person or  
7:30 p.m. virtually  
See page 19 for details

### Park Shirlington Briefing

Tuesday, September 14 (tentative),  
7 p.m.  
Virtually on FCA Facebook page

## Park Shirlington owner to brief community



*The owner of Park Shirlington is tentatively scheduled to brief the Fairlington community on plans to renovate the 31st St. apartment complex on Tuesday,*

*September 14, at 7 p.m. The meeting will be virtual on FCA's Facebook page, [www.Facebook.com/FCAcivic](https://www.facebook.com/FCAcivic). Check the website of Facebook page for updates.*

**Contributors this month:** Barbara Berti, Regina Bethencourt, Lynne Blasi, Leslie Cameron, Scott Knudsen, Guy Land, Sara Rasmussen, and Bill Sullivan.

*Some images in this publication may be digitally enhanced.*



## PRESIDENT'S MESSAGE

Have you been to the Fairlington Farmers Market this summer?

During a recent visit, I was captivated by the market's special vibe—dozens of families casually walking along the row of 20 vendors, home chefs carefully selecting fresh locally grown vegetables, curious kids watching woodblock printmaking, courtesy of the Arlington Art Truck, children and adults learning the essence of delicious madeleines, couples enjoying a breakfast snack. And neighbors catching up with neighbors whom they hadn't seen in weeks.

By almost any measure, the market has become a huge success, a key part of what's special about Fairlington.

Attendance has set records this summer. Almost a thousand people flow through the market on many Sundays. Vendors and market volunteers have noted the number of new market customers, building on the base of returning patrons. This boosts vendors' sales, making it likely they will return.

The market has enjoyed several new vendors this year, including a couple of temporary "pop-up" vendors whose popularity earned them an invitation to become a permanent part of the market.

It has achieved the vision FCA had when we first started talking about creating a neighborhood farmers market in 2013. Back then we thought it would serve several purposes. It would be a convenient source of fresh, local produce for Fairlington residents. It would be a community market, targeting our neighborhood and not the larger DC area. It would support local growers and food entrepreneurs. Most importantly, it would be a community gathering place.

It has done all of these things.

I'm particularly pleased with how it has become the place for people to meet, either just to socialize or to transact a little business. "Let's meet at the farmers market," has become an often-heard quote.

The market's success is due in part to a dedicated group of Fairlington volunteers who work each week. This summer new volunteers joined the stalwart group who have guided the market from its first days, helping spread the work around. All of us who enjoy the market owe the volunteers a word of thanks.

Also critical are the market sponsors, who make cash and in-kind contributions to keep it financially viable.

I hope to see you at the market this month. And I'd love to hear your thoughts about the market.

Guy Land, FCA President  
[president@fca-fairlington.org](mailto:president@fca-fairlington.org)



# Have You Thought About *Life After* Fairlington?



**Purchased UNDER BUDGET in Madison Manor!**

As a former Fairlington resident and mother of three, I know that leaving Fairlington can be hard.

There's the charm, the green space, the sense of community, and the amazing location. So, where do Fairlingtonians go when they are in need of *more space*?! I've helped dozens of families find their **Life After Fairlington** and would love to help you, too!

Visit my website at [www.LifeAfterFairlington.com](http://www.LifeAfterFairlington.com) to learn more. Sign up to get my FREE curated list of homes you'll love!



  
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~ Colleen & Colin Allen

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# ***FCA announces blood drive to support Children's National Hospital***

FCA and Fairlington Cares are holding a blood drive for Children's National Hospital (CNH) at the Fairlington Community Center, tentatively on Tuesday, September 21, from 10 a.m. to 3 p.m. Check the FCA website and Facebook page for updates.

Summer is traditionally a time of reduced blood donations, and CNH says blood donations are down 70 percent this summer due to complications from the pandemic.

This is an opportunity to donate much needed blood for the children at CNH, without having to leave your neighborhood.

Donations will be by appointment only, please see the end of this article for eligibility requirements and information on how to sign up for an appointment.

All of the blood collected by the blood drive remains at the hospital to support children with cancer, sickle cell disease, rare disease, surgeries, and other chronic illness.

During FCA's two-day blood drive for CNH last year, Fairlington residents donated enough blood to help 145 children.

To make an appointment you can either contact the blood donor center at 202-476-5437, or schedule online at <https://www.cnmblooddonor.com>. It is very important you keep your appointment to ensure we supply Children's National with the maximum amount of blood we can, given the limited number of spots due to COVID-19 precautions.

CNH basic blood donor eligibility requirements:

If you are uncertain of your eligibility, call the donor center during week days at 202-476-5437 from 7 a.m. to 4 p.m.

- You must be 17 years old to donate and can donate whole blood every 56 days.
- Everyone must eat a very good breakfast/lunch on day of donation. Start to hydrate with water the day before and on the day of donation drink 16 ounces



*The two-day Fairlington blood drive last December collected enough blood to treat 145 children at Children's National Hospital. Photo by Guy Land.*

of water to avoid reaction. No fasting before or after the donation.

- Photo ID is required at the time of registration.
- Typically, blood donation is approximately 35–40 minutes.
- Anyone who is not feeling well should refrain from donating blood. We want to reinforce that only those donors who feel healthy on the day of donation and who are completely asymptomatic

should donate, even excluding those who report symptoms from allergies.

Masking and social distancing protocols will be followed. For more information contact Sara Rasmussen at [srazzz@aol.com](mailto:srazzz@aol.com)

—Sara Rasmussen

## ***Family Movie Night scheduled for September!***

FCA's outdoor family movie night returns on Saturday, September 25 at 7:15 p.m. The movie will be held outdoors on the soccer field at the Fairlington community center, weather permitting.

Residents are invited to bring blankets, chairs, and their favorite theatre snacks and enjoy a viewing of the 1989 classic *Honey I Shrunk the Kids*, rated PG.

Attendees are encouraged to come early to set up. Please note that alcoholic beverages are not permitted on FCC grounds.

Though there are floodlights behind the FCC, the further reaches of the field will be much darker when the movie ends around 9:45 p.m. Residents are encouraged to bring flashlights. In the event of cancellation, an announcement will be made on the FCA website and Facebook page. A make-up date will then be announced in the *All Fairlington Bulletin*. FCA is looking forward to sponsoring this event and we hope to see you there!

—Regina Bethencourt

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Because your safety, health, and peace of mind is our top priority, you can rest assured we are taking every precaution to ensure your safety and well-being. We have asked all members of our team to wash their hands repeatedly throughout the day and requested they do not come in to work if they feel sick or if they have a fever. They have also been instructed to be extra vigilant to wipe down all surfaces before, during, and after their shifts, to wear protective gloves and masks, and to support the social distancing guidelines with homeowners and co-workers.

Until this crisis is over, we will continue to monitor the developments set by the CDC and our local governments and will make any necessary adjustments to our practices to keep you safe.

We support our community and feel that it is everybody's job to limit risk of exposure and spread of COVID-19 and in that light, we encourage you to take advantage of telephone, Facetime, and video consultations for all your home improvement needs.

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## Art truck visits Fairlington

Emphasizing the theme “Words Matter: Honoring Arlington Educators,” the Arlington Arts Truck visited the Fairlington Farmers Market in August.

Justyne Fischer, a DC-based social justice printmaker, distributed positive writing kits to encourage students to reflect on the impact of teachers, mentors, parents, and community members.

She selected five prominent educators and activists of varying backgrounds that reflect Arlington’s diversity: Hazel Mahler, Dorothy Hamm, Dr. Evelyn Reid Syphax, Dr. Phoebe Hall Knipling, and Dr. Emma Violand-Sanchez. Farmers market patrons picked up free prints of Fischer’s woodcut portraits of these noted Arlington leaders.



*Residents participate in free arts and crafts offered by the Arlington Arts Truck. Photo by Guy Land.*

Fischer maintains a print-making studio at the Blue Studios Art Underground in Crystal City. She is best known for carving large woodblocks and printing by hand on sheer fabric. For the Art Truck project in Fairlington she used her smaller portable Conrad etching press to make impressions of the woodcut portraits.

The Arlington Art Truck is sponsored by the Cultural Affairs division of Arlington Economic Development. FCA is exploring ways of bringing the Art Truck or

other arts activities to Fairlington more frequently. FCA’s recent online survey showed that residents would like to see a greater emphasis on the arts in Fairlington.

—Guy Land

## Fitness For Fairlington Residents

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## Farmers market from page 1

He then created Cooking Live!, an online cooking class, to fulfill his dream of making the home chef a better cook.

“All along, I always had the idea for J’aime Madeleine,” he reflected. He dreamed of adding his own twist to the traditional madeleine recipe by adding different, natural flavors.

Three years ago, he opened his first booth at the Lubber Run farmers market, and was eager to be part of Fairlington’s market.

“I love talking with customers and getting instant feedback. I listen to people and make what they want. I’m the one who makes the food and sells it, and I have to be proud of what I’m putting on the plate.”

Each week Olivon brings 8 different flavors of mad-

eleines, elephant ears, cookies, and will soon offer jelly rolls. He is featured in the September issue of Arlington magazine, and you can follow him on Facebook and Instagram.



In addition to pastries, the FFM is a great place to pick up healthy choices for after school snacks and prepared meals for a quick breakfast, lunch, or dinner. The market is open each Sunday through November 21 from 9 a.m. to 1 p.m. at the Fairlington Community Center (FCC).

The market also now offers To Go, a service shoppers can use to pre-order food from up to eight participating vendors (see the website for full list) with one payment, and pick up their products at each vendor’s tent. For more information visit <https://woso.co/fairlington>.

—Lynne Blasi



## ART and DASH to boost service in September

Arlington Transit (ART) and DASH, Alexandria’s transit service, will implement new bus service options in September.

ART will return to full bus service on Tuesday, September 7. ART 53, 61, 62, and 74 will resume operating after being out of service since March 2020 due to the COVID-19 pandemic. The ART 72 route will continue to operate on a modified weekday schedule. Riders are required to wear face masks when riding all ART buses.

DASH will launch a full overhaul of its bus service and start free service on September 5. The changes will touch all routes in the system, including the route that travels along King Street from Northern Virginia Community College to the Braddock Road Metro station. All DASH routes will be completely fare free.

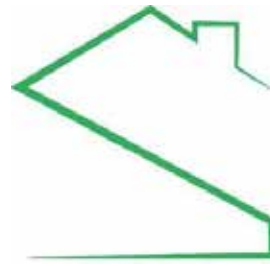
The improvements mean that buses will run every 15 minutes or less throughout the day, seven days a week.

The new Line 31 runs from NOVA to Park Center, the Bradlee Shopping Center, and Alexandria City High School to the King Street Metro. It then continues through Old Town to the Braddock Road Metro. It replaces Routes AT5, AT6, and AT9.

The new Line 36A/B will connect Bradlee Shopping Center with the Shirlington Transit Station and Potomac Yard, going through Parkfairfax and along Glebe Road.

Alexandria estimates that making transit free for everyone could expand ridership by an estimated 23 percent, bring riders back to transit following the COVID-19 pandemic, help achieve the City’s environmental goals, and benefit Alexandria’s lower-income residents.

—Guy Land



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PRESENTS  
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# FAIRLINGTON FALL FESTIVAL

We missed seeing your smiling faces last fall due to Covid, but the Fall Festival is back this year and we can't wait to see you again! Join Kay Houghton & Associates as we celebrate all things fall. *Costumes welcome!*

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We will be collecting food donations to support our Arlington neighbors in need. Please bring non-perishable goods and drop them in our AFAC food drive box.

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# For the love of NATURE



## *The secret to healthy plants: it's all about the soil*

Healthy soil means healthy plants. The first step to improving soil and keeping it healthy is understanding that healthy soil is alive. A teaspoon of healthy soil contains billions of microorganisms, like bacteria, fungi, nematodes, and other invertebrates, each of which plays an important role in the soil ecosystem.

Healthy soil is also about half solids and half pore space, which helps roots to penetrate and facilitates the exchange of oxygen, water, and nutrients. Protecting life in the soil and the soil structure is the starting point for healthy growth. Here are a few best practices for making sure your soil is in its best shape.

### **Test your soil**

Get in the habit of testing your soil regularly, when you are planting a new garden and then every 3 years or so. Soil tests from the Virginia Cooperative Extension report pH and nutrient content, plus soluble salts and percentage of organic matter, for around \$16. Test results include recommendations for improvements if needed, based on what you are growing. Soil test boxes and instructions are available for free at the Fairlington Community Center.

### **Add organic matter and keep soil covered**

Add 2-3 inches of organic matter like organic mulch, leaf mold, or arborist wood chips once or twice a year. Organic matter decomposes and microorganisms work down, improving the soil and helping it retain water. You don't need to till it in—just put it down on top of the soil and leave it. September or October is a good time to add organic matter and let it work over the



*Tina Byrd and Leslie Cameron loading free leaf mold mulch at the Arlington County Trades Center (free mulch is available at the top of the hill, to the right).  
Photo by Ed Colonna.*

winter. Adding organic matter also helps to keep soil covered, which discourages erosion and protects the ecosystem of microorganisms in the soil.

### **Guard against compacting soil**

Roots have a hard time growing in compacted soil, and have a harder time taking up water and nutrients. Limit foot and equipment traffic. Instead create walking paths between plants. Till the soil as little as possible—tilling damages the networks of fungus, the open space, and the texture that helps keep plants healthy.

### **Minimize or eliminate the use of pesticides**

Pesticides don't just kill the pests targeted, they can also kill many other beneficial insects and microorganisms, including the ones in the soil. Instead, use garden fabric (or row cover) or other barriers on vegetables. Try hosing insect pests off with a blast of water, or just picking or scraping them off. Use lower impact insecticides (e.g., insecticidal soaps or neem oil or other horticultural oils) if necessary. But remember, insecticides, even low impact ones, kill more insects than those targeted. If insects are eating your plants, you are providing them food. Some 40 percent of insect species worldwide are declining. Living with damage that is only cosmetic helps them and our environment.

Healthy soil is the starting point for healthy plants and vegetables and beautiful gardens. Care for the soil, and the soil will care for your plants.

—Leslie Cameron

*Feel free to send us questions or comments at [forthe loveof-nature@googlegroups.com](mailto:forthe loveof-nature@googlegroups.com) and follow Fairlington Gardening Community on Facebook!*



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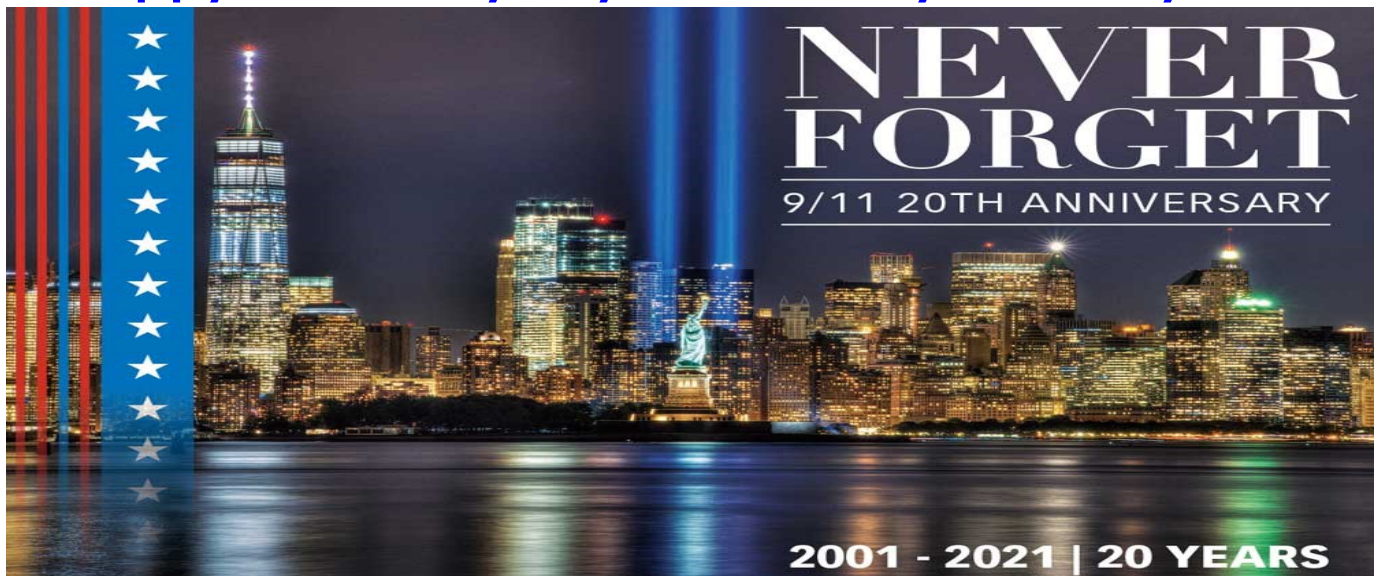
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# FAIRLINGTON

## *pet profiles*

### *Meet Arlo: more poodle than doodle!*

Arlo is a fun-loving, high energy mini goldendoodle who lives with his family in South Fairlington. The outgoing four year old weighs 30 pounds and has lots of friends, both human and canine. Arlo was born in Lancaster, PA on an Amish farm to parents who were more poodle than doodle, and he displayed an exceptional character from an early age.

"The main reasons that we love Arlo so much are his adorable face, his bright energetic personality and most importantly, everything about him," explains Alex, his human sister. He was gracious to make some time aside from his busy social media schedule to talk with Pet Profiles.

*How did you get to Fairlington? Do you like living here?*

My mom moved here from Washington, D.C. two years ago and brought me along for the ride. I LOVE it! I like all the grass, the sidewalks, the other dogs, and of course, all the smells.

*What is your favorite thing to do? Do you have any hobbies?*

Give kisses and hugs to my owners, steal socks, and eat ice cubes but most importantly, I chase balls and pursue a steady supply of treats.

*We hear you have your own Instagram account and that you were featured for Zoom school 'Show and Tell'. How did that go?*

Well, the zoom school "Show & Tell" started by me licking the computer screen, not sure how that went over with my sister, but her classmates seemed to love it! I was born camera ready, and anyone who knows me knows that getting attention is one of my favorite things. My family does an amazing job getting me sponsorships, interviews (like this one), and running my Instagram account at @accordingtoarlo.

*What advice can you give other dogs who live here?*



*Arlo is a mini goldendoodle who lives in South Fairlington. Photo courtesy amandaarchibaldphoto.com*

1.) Stop and say "hello!" to the new pups in the neighborhood. 2.) Do as your owners say, for maximum treats. 3.) Check out the Fairlington Dog Park! They have lots of balls and toys, and they even have a little doggy pool for splashing around. Add it all together and it's lots of fun.

*You have a lovely smile. What is your secret?*

Why, thank you! I recommend Ora-Vet to keep your chompers sparkling and your doggie breath fresh!

—Barbara Berti

Interested in sharing your pet with Pet Profiles?  
Contact [afbeditors@yahoo.com](mailto:afbeditors@yahoo.com).

### *Native plant sale returns to local church*

Our native plant sale will be held Saturday, October 2, from 9 a.m. to 2 p.m. in the parking lot of The Church of St. Clement at 1701 N. Quaker Lane. Please wear a mask.

This is the first time in 18 months that we are able to have a native plant sale. Come find native perennials, shrubs, and trees for sun or shade. Vendors from Virginia, Maryland, & Pennsylvania will be hosted at this event, the largest native plant sale in the D.C. metro region!

Vendors are listed on the sale website at [www.NorthernAlexandriaNativePlantSale.org](http://www.NorthernAlexandriaNativePlantSale.org). The sale is entirely organized and run by volunteers. Questions? Contact Scott Knudsen at 571-232-0375 or [sknudsen@earthlink.net](mailto:sknudsen@earthlink.net).

—Scott Knudsen



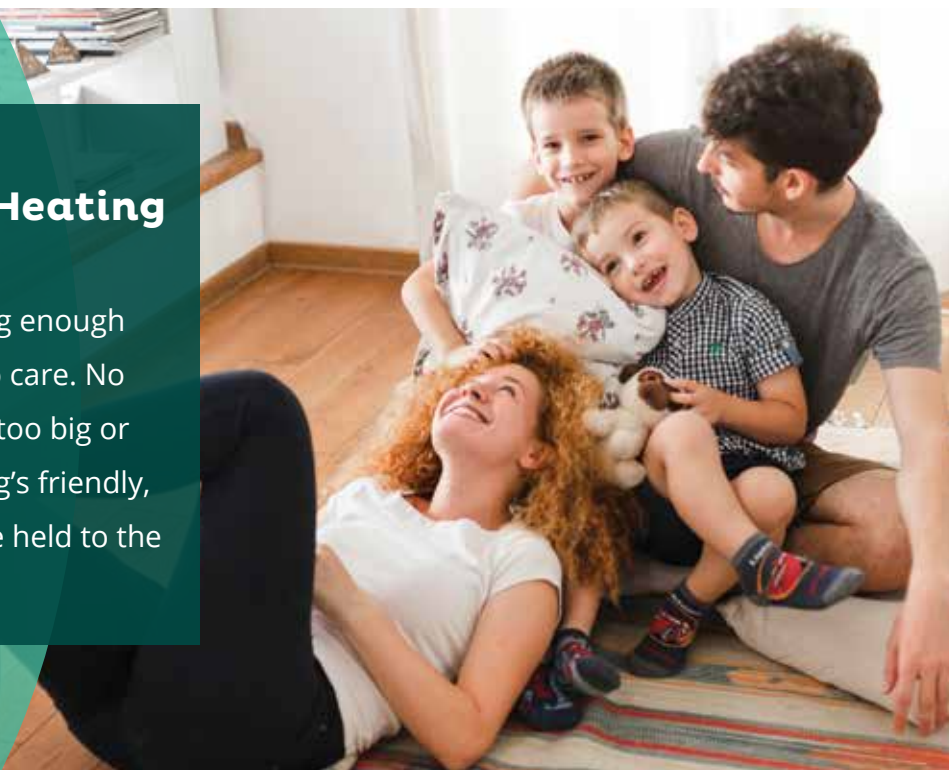


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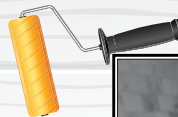


**Greetings!** My name is Angel Villanueva, and I spent 18 years working full time for the late **Victor Sison** of **FAIRLINGTON MAINTENANCE SERVICE**, learning construction and repair from the ground up. If you knew Victor, then you know me, and it will be my pleasure to serve you! I have worked in hundreds of Fairlington homes. Specializing in bathroom and kitchen remodeling!

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—Mary Thomasson,  
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# neighborhood news

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## **Fairlington Diners**

The Fairlington Diners gather a couple of times a month for relaxed dinners nearby. We focus on having a good meal and an opportunity to chat with neighbors. In August, we ventured into Alexandria to Joe Theismann's. Here's what's planned:

Thursday, September 16 at 6:30 p.m., Ramparts, 1700 Fern St, Alexandria, VA 22302, (703) 998-6616, <http://www.rampartstavern.com>. We'll return to this perennial local favorite on a Thursday, when they serve their smokehouse dinner specials (ribs, and/or pulled pork, and/or salmon filet). The rest of the menu is also available.

If you want to receive a copy of these notices early in the previous month, send your email address to [carol\\_dabbs@yahoo.com](mailto:carol_dabbs@yahoo.com).

## **Book Group**

Please join the Fairlington Book Group on Tuesday, September 28, to discuss *The Warmth of Other Suns: The Epic Story of America's Great Migration*, by Isabel Wilkerson. We read the first half in August and will discuss the second half in September.

*"With the precision of a surgeon, Wilkerson illuminates the stories of bold, faceless African-Americans who transformed cities and industries with their hard work and determination to provide their children with better lives."* —Essence.com

We will meet outdoors at the Fairlington Community Center, weather permitting, at 5:30 p.m., or if necessary we'll meet that evening on Zoom at 7:30 p.m. Please call Carol at 703-379-6840 to be added to our email list in order to receive details about our meeting.

## **Join us for two virtual Fairlington Knits! and Crochets meet ups in September**

Tune in online to join two Fairlington Knits! and Crochets meetings in September: Monday, September 6 (Labor Day) and Monday, September 20 from 6:30–7:30 p.m.

Join fellow crafters for a virtual evening of knitting, crochet, and fellowship. Knitting/crocheting together, showing off our work, and talking with like-minded people helps us feel part of a community and has been proven to create a sense of calm.

We meet virtually, at the same time, on the first and third Monday of each month until we can meet in person again. Log on to see what everyone is working on, ask for help/advice, or for inspiration for a project. All levels of crafters are welcome—beginner to expert. Email Turner for the log-in information to join the calls: [Turnerwork@aol.com](mailto:Turnerwork@aol.com).

## **Fairlington Bocce**

Join Fairlington bocce! Meet your neighbors in a casual and fun setting! We play at the lawn area at 3454 South Utah Street every Wednesday at 6 p.m., except on rain or snow days. Courts are marked but bring your own balls!

## **Fairlington Moms' Club**

The Fairlington Moms' Club is a group where moms can meet friends, form a support network, and create opportunities for children. The Club organizes several community service projects, routine playdates, craft days, family parties, and moms' nights out. We have a great listserv for sharing advice and connecting with other Fairlington families, as well as our own classifieds listserv. We welcome all Fairlington moms! Please email [fairlington-momsclub@gmail.com](mailto:fairlington-momsclub@gmail.com) for further information.

## **Fairlington swag coming soon!**

Want to show your Fairlington pride? FCA will be selling shirts and other Fairlington items at the Fairlington Farmers Market on selected Sundays in September. The popular 3/4 baseball tee is available in gray & green for men and black and gray for women and costs \$20. Traditional green t-shirts will also be available at \$15. All sizes range from S-XL. New orders were made in 2019 for the 75th anniversary which include "est. 1943." You can also take your chances in the "grab bin" on various styles and items, including children's sizes, all for \$5. In addition, Fairlington tote bags and holiday ornaments will be available for purchase. Get them while supplies last! FCA accepts cash and square payments.



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# DOWN TO EARTH patio gardening



## *A guide to common landscaping terminology*

Landscaping has its own language and sometimes the vocabulary is confusing. Here, I will share common (well, to me) terminology and what it means.

**Ground cover:** Refers to plants that grow laterally to cover the soil. Some of these plants (pachysandra) can reach six inches tall but most are prostrate (periwinkle, ajuga, some sedum and ivy). Many types of ground cover flower. Periwinkle and ajuga have blue flowers while sedum and lamium have pink flowers. Pachysandra flowers are white.

**Dwarf trees:** Are usually between 8-10 feet tall which really is on the small side for a tree. Dwarf trees fit well in patios and courtyards since they don't get too tall or wide. Japanese Maples come tall (Bloodgood) or small in the shape of a mushroom. These get wide but only about 3-4 feet tall. Crape myrtle trees come in three sizes. Dwarfs reach 9-feet tall and about 4-feet wide. Look for tonto (fuchsia flowers), hopi (light pink) or zuni (lavender). The styrax or Japanese snowbell is another small tree with fragrant, white flowers and yellow stamens.

**Adaptability:** Usually refers to sun and shade specifications. Some specimens need sun (lilac, crape myrtle, salvia) and others prefer shade (mahonia, aucuba, camellia) but some take full sun or shade (cherry laurel, weigela, euonymus 'green spire,' astilbe, nandina and azalea).



*The fragrant perennial salvia plant flourishes in bright sun and maintains its green color in the winter. Photo by Regina Bethencourt.*

**Herbaceous:** Means non-woody. Think of herbs (root word of herbaceous) which have no woody parts (aside from a mature rosemary plant). Perennials are herbaceous, meaning their stems are pliable and flimsy, not stiff and rigid. Since their parts are softer and stems/branches thinner, their root balls are smaller and easier to handle and plant in the soil. When it comes to shrubs and trees, most are woody and non-herbaceous.

**Low-maintenance:** This is an ideal landscaping trait in today's busy world. If you travel and have nobody to water, then low-maintenance plants are a necessity. Such plants are drought and heat tolerant and thus, need less watering. They

also keep their shapes and don't have branches that become leggy and need regular pruning. These plants seldom die (liriope, hosta, salvia, euonymus, laurel, abelia) so you don't have to dig them out and replace them. Low maintenance means less work for the gardener.

**Perennial:** As it sounds, it returns every year, though most have periods of dormancy (in winter). Perennials are good for DIY gardeners since they weigh little and are easier to pack into the trunk of your vehicle. Most grow about one foot tall with a similar spread. Some perennials are evergreen (coral bells, lenten rose and salvia) though their appearance degrades in cold weather. Others are referred to as tender perennials which means they overwinter modestly. That means they keep their shapes but may get brownish and scraggly looking until the warm temperatures of Spring arrives. Some like full sun (salvia, phlox, day lily, columbine) whereas other perennials like shade (mazus, brunnera, bleeding heart and fern).

**Espalier:** Think vertical, like a vine. This can be any plant that has a modest width or that needs the support of a trellis. Espaliered plants look beautiful against a fence or brick wall. And they take up minimal space in the garden since their habit is "flat and narrow." Espaliered plants are perfect if you have narrow beds with little soil space.

—Bill Sullivan  
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**WELLNESS with MOORE THAN YOGA offers:** Yoga, meditation, breathing techniques, infant massage (monthly classes), children's massage, reflexology (personal pampering, pregnancy & labor induction), Reiki & more. Private session or create a class. [www.moorethanyoga.com](http://www.moorethanyoga.com). 703-671-2435.

**IRS ENROLLED AGENT** can prepare your individual, business, amended and prior year income tax returns, and respond to IRS and state tax letters. Bookkeeping services also available. Flexible time and place appointments. Please visit [www.alexandria-tax-bookkeeping.com](http://www.alexandria-tax-bookkeeping.com) for more information, or call Christine at 703-407-7545 or email: [christine.atb3@gmail.com](mailto:christine.atb3@gmail.com).

A color version of this newsletter is available online at [www.fca-fairlington.org](http://www.fca-fairlington.org).

**YOGA, HEALING, & WELLNESS**  
**Poor posture?** Stiff joints? Movement dysfunction? What if you could easily feel better—today—through sessions with Michelle Blake Yoga? Act now; address the root-cause of issues. Seasoned, Certified, E-500RYT. Book your sessions today! 571-309-1845 [www.MichelleBlakeYoga.com](http://www.MichelleBlakeYoga.com)

**LOCAL & PROFESSIONAL PROPERTY MANAGEMENT.** We know Fairlington! Leasing, comprehensive tenant screenings, online rent collection, property inspections, itemized monthly e-statements & more. Contact Allegiance Property Management –[info@allegiancepm.com](mailto:info@allegiancepm.com), 703-824-4704, or [www.allegiancepm.com](http://www.allegiancepm.com)

## Gardening/ Landscaping

**SULLIVAN's LANDSCAPING will give your patio a makeover.** We'll install a flagstone patio over the existing concrete pad & stoop before designing & installing a new perimeter garden planting. This is our 31st year serving homeowners in Fairlington and surrounding region. Email Bill at [billsullivan41@gmail.com](mailto:billsullivan41@gmail.com) or call 571-213-9567.

## Home Improvements

**HARDTIMES HANDYMAN SERVICES.** Home and office repair, rental maintenance, painting, drywall repair, pressure washing, minor electrical and plumbing, to do lists and more. Free estimates, fair pricing and friendly service. Since 2008. Fairlington references available. Tim Miles cell 443-995-3825. [timmiles74@gmail.com](mailto:timmiles74@gmail.com).

**JOEL RIGGS REMODELING AND HOME IMPROVEMENTS: Joel Riggs Home Repair Service.** Your Fairlington specialist. Kitchen and bath renovations, bath ceramic tile repair, painting, drywall, handyman services, trim work, flooring, carpentry, wallpaper removal. Free design services. Free estimates. VA. Class-A lic./ins., fast turn around time. 20 years N. Va. Experience. Joel 703-929-4676.

**ELECTRICAL SERVICE.** Master electrician. Lights, fans, panel replacements. Licensed, insured credit cards Allegro LLC 703-314-1287 [info@allegroLLC.net](mailto:info@allegroLLC.net)

**INTERIOR PAINTING.** Chelsea Paint and Paper, Inc. Painting, wallpapering, and plastering. 25 years of experience. Professional, clean, neat, reliable. Licensed, bonded, insured. References available. Free estimates. Steve Chute. 571-216-9338/703-912-1450. [Chute285@aol.com](mailto:Chute285@aol.com).

**STAPLES REMODELING.** For all of your improvement needs. Specializing in kitchens, bathrooms, basements and painting. Give us a call to set up an appointment for a free estimate at 703-499-2249 or visit our website at [www.staplesremodeling.com](http://www.staplesremodeling.com).

**ODD JOBS.** Help for all your home needs. Need updates, renovations or repairs ... odd jobs such as painting, squeaky step repairs, closet build-outs ... hanging pictures, installing shelves, door & trim, grab bars & much more. I'm a retired remodeling contractor/engineer available for free estimates, advice & quality work. Call or text David @ 703-732-1534 or e-mail: [dacdac3027@gmail.com](mailto:dacdac3027@gmail.com). A Fairlington resident with many local references.



**IRS Enrolled Agent** can prepare your individual, business, amended and prior year tax returns, and respond to IRS and state tax letters.

Former Fairlington resident with 25 years of experience.

Flexible time and place appointments. Call Christine at (703) 407-7545 or email: [christine.atb3@gmail.com](mailto:christine.atb3@gmail.com)  
[www.Alexandria-Tax-Bookkeeping.com](http://www.Alexandria-Tax-Bookkeeping.com)

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## House Cleaning

**FAIRLINGTON MAID SERVICE.** Thanks to all our great customers, we have reached our 42nd anniversary! We are family-owned and operated. For a free estimate call 703-820-8635 or text 571-243-7263.

**MICHELE'S MAIDS.** Reliable, honest, affordable. BACKGROUND CHECK ON EVERY EMPLOYEE. Window cleaning now available. LICENSED, BONDED INSURED. 15 years in Fairlington. Fairlington references available. 703-820-1808. Visit our website at [www.michelesmaids.net](http://www.michelesmaids.net)

**JADA'S CLEANING LLC.** Reliable, experienced and good references. Weekly, bi-weekly, monthly, occasionally, move in/out, windows and offices. Other services: carpets steam cleaned. Call us for free estimates 571-643-8371 or [mjadaservices@aol.com](mailto:mjadaservices@aol.com)

**HOUSE CLEANING.** Reliable and experienced. Good references. Flexible scheduling. Reasonable rates. We are licensed, insured, and employees covered through Worker's Comp. We bring our own equipment. Weekly, biweekly, monthly, occasionally, one-time, move in/out, offices. For free in-home estimate, call Maryen/Raul at 703-321-5335.

## PET SERVICES

**HOME ALONE FELINES.** Professional in-home cat sitting and adoption services. [homealonefelines@gmail.com](mailto:homealonefelines@gmail.com); 703-671-5504 ; [www.hafr.org](http://www.hafr.org)



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Join the Fairlington conversation on Facebook at the Fairlington Appreciation Society.



*Enhance your community by volunteering for FCA activities.*

### MINI-ADS INSTRUCTIONS

**Due date for ads and payment:** 6 pm on the 10th of the preceding month (July 10 for August issue).

- Checks payable to "Fairlington Citizens Association."
- Pay via PayPal at [fca.fairlington.ads@gmail.com](mailto:fca.fairlington.ads@gmail.com).
- Send mini-ad copy via email, regular mail, or drop off at FCA drop box.

**Email:** [admanager@fca-fairlington.org](mailto:admanager@fca-fairlington.org)

**Mailing Address:** FCA-AFB, PO Box 6182, Arlington, VA 22206-0182.

**Drop Box Location:** Fairlington Community Center, 3308 S. Stafford St. (Hours: 8 am-9 pm, M-F, 8 am-5 pm, Saturday; closed Sunday.)

**Cost:** 50 cents per word.

**Include with ad copy:** Name, address, phone #, email address, and ad category (see Mini-ads for options).

### Doggie-Do (and cats too!) Neighborhood Pet Services

Affordable, affectionate care.  
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703-683-4973  
[doggie-do@doggie-do.biz](mailto:doggie-do@doggie-do.biz)

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Sherry Schaffer  
703.402.9113

[Sherry.Schaffer@LNF.com](mailto:Sherry.Schaffer@LNF.com)



5501 Gardner Pl  
Springfield, VA 22151  
3BR/2BA

**For Sale**  
**Listing Price \$595,900**

Listing Agent  
Julie Flory



4500 S Four Mile Run Dr #1123  
Arlington, VA 22204  
2BR+Den/2BA

**For Sale!**  
**Listing Price \$399,900**

Listing Agent  
Joanne Ritchick



Joanne Ritchick  
571.215.3350

[Joanne@LNF.com](mailto:Joanne@LNF.com)



Patricia Quinlin  
703.835.7312

[PatQ@LNF.com](mailto:PatQ@LNF.com)



246 N Granada St  
Arlington, VA 22203  
2BR/2BA

**For Rent!**  
**Listing Price 3,200/month**

Listing Agent  
Sherry Shaffer



3818 Charles Ave  
Alexandria, VA 22305  
3BR/2.5BA

**For Rent!**  
**Listing Price \$3,600/month**

Listing Agent  
Patricia Quinlin



Julie Flory  
703.599.3111

[Julie.Flory@LNF.com](mailto:Julie.Flory@LNF.com)



Kathy Koerner  
571.489.9903

[Kathy.Koerner@LNF.com](mailto:Kathy.Koerner@LNF.com)



3529 N Utah St  
Arlington, VA 22207  
4BR/3.5BA

**SOLD!**  
**Sold for \$1,575,000**

Listing Agent  
Megan McMorrow



3543 S Stafford St #A  
Arlington, VA 22206  
2BR/2BA

**SOLD!**  
**Sold for \$550,000**

Listing Agent  
Joanne Ritchick



Barbara Kirkland  
703.405.5920

[BarbaraK@LNF.com](mailto:BarbaraK@LNF.com)



Megan McMorrow  
703.403.5543

[Megan@LNF.com](mailto:Megan@LNF.com)



Kay Yancey  
703.201.4292

[Kay.Yancey@LNF.com](mailto:Kay.Yancey@LNF.com)



Arlington Sales Office | 703.522.0500 | 4600 Lee Hwy, Arlington, VA 22207

