

all FAIRLINGTON BULLETIN

Fairlington Citizens Association

www.fca-fairlington.org

MAY 2010

Volume 36, Number 5

Calendar

FCA Monthly Meeting

There is no public meeting in May. The FCA monthly meeting is replaced by Fairlington Day on May 15.

Community yard sale

Saturday, May 1, 8 a.m. – noon
North Fairlington CC parking lot

Urban gardening workshop

Wednesday, May 5, 7 – 9 p.m.
FCC

Fair Golds business meeting

Thursday, May 6, noon
FCC

AWLA Walk for the Animals

Saturday, May 8, 8:30 a.m.
Bluemont Park, Arlington

Fairlington Diners

Monday, May 10, 7:30 p.m.
Bastille Restaurant
Alexandria

MOMS Club meeting

Wednesday, May 12, 3:30 p.m.
FCC

Fairlington Day

Saturday, May 15, 11 a.m. – 3 p.m.
Utah Park



Fairlington Day welcomes all residents

For more than a dozen years, usually on the middle Saturday in May, Arlington has celebrated its diverse communities on Neighborhood Day, with block parties, tree plantings, and yard sales. Our community participates on May 15 with Fairlington Day, from 11 a.m. to 3 p.m., when residents will gather at Utah Park to officially open the new picnic shelter, christen the grills with hot dogs, enjoy the sun and outdoor activities, meet and greet visiting County Board members, and mingle with friends and neighbors.

Sponsored by the Fairlington Citizens Association, and completely free and open to the public, Fairlington Day is "our attempt to bring back what was once called *All* Fairlington Day," says FCA president Sam Anthony. "It's a celebration of our neighborhood—and a fun, easy way to meet neighbors and learn about the great volunteer-run organizations and clubs in our community." Participating groups that will provide information tables and displays include Fairlington MOMS Club, START (Smart Transportation Alternatives for Riders Tomorrow), the Fairlington Historical Society, the Abingdon School PTA, and two animal rescue groups, A Forever Home Pet Rescue Foundation and Homeward Trails Animal Rescue.

Free hot dogs and soft drinks will be provided by FCA, while supplies last, from 11:30 on. The picnic shelter will be dedicated by the FCA and a special county guest at noon. Kids will enjoy the face-painting, and kids of all ages can toss a Frisbee or join in pick-up volleyball and soccer games.

Keep an eye out for FCA board members sporting the latest in local fashion, Fairlington shirts. Fairlington T-shirts will be on sale at Fairlington Day for \$10; pay by cash or check (made payable to Fairlington Citizens Association). The white with hunter green shirts are 100 percent cotton, come in sizes adult small to extra large, and are emblazoned with "Fairlington" on the front and the FCA logo on the back. You can pre-order a T-shirt by sending an e-mail to president@fca-fairlington.org or calling the FCA number, 703-243-1735. For updated details on Fairlington Day, check the FCA Web site, www.fca-fairlington.org.



You, too, can rock your Fairlington T-shirt, on sale at Fairlington Day. Photograph by Sam Anthony.

Continued on page 3

Coming up ...

The FCA Board invites all Fairlington residents to attend its meetings, which occur on the second Wednesday of the month unless otherwise noted. If you would like to discuss a neighborhood issue at the meeting, please e-mail president@fca-fairlington.org or leave a voice-mail message at 703-243-1735 by the Sunday before the meeting. You can find more information on the FCA Web site, www.fca-fairlington.org, and by logging on to Facebook and joining "Fairlington Appreciation Society."

Preliminary agenda

Special program: The FCA will not host a speaker or presentation in May. The FCA-sponsored community event is Fairlington Day on May 15 in Utah Park.

7 p.m. Regular business meeting

- Approval of April minutes
- Treasurer's report
- Old business
- New business
- Officer and committee reports

Sign up for updates

Visit www.fca-fairlington.org to sign up for neighborhood news delivered right to your inbox.

AFB on the Web

The AFB is posted online at www.fca-fairlington.org a week earlier than the hard copy hits your front stoop.

Web design by Global Thinking, Alexandria, VA,
www.globalthinking.com.

USEFUL CONTACTS

Police, Alexandria (non-emergency)	703-838-4444
Police, Arlington (non-emergency)	703-558-2222
Animal Warden	703-931-9241
Dominion (power outages)	888-667-3000
Fairlington Community Center	703-228-6588
Metrobus Complaints	703-228-7929
Miss Utility	800-552-7001
Pothole Patrol Hotline	703-228-6485
Shirlington Library	703-228-6545
Street Light Hotline	703-228-6511
www.arlingtonva.us/departments/Environmental	
Services/dot/traffic/streetlights/index.htm	
Helicopter Noise Complaints	Colonel Steward Remaly
	Jeryl.Ludowese@jfhqncr.northcom.mil

Fairlington Citizens Association

PO Box 6182 • Arlington, VA 22206-0182
703-243-1735 • president@fca-fairlington.org

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All Fairlington Bulletin

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— DEADLINE —

6 PM, **10th of month** preceding publication month for commercial advertising, mini-ads, and editorial copy.

Send material on disk with paper proof to:

FCA • PO Box 6182 • Arlington, VA 22206-0182

E-mail editorial announcements to:

editor@fca-fairlington.org

E-mail commercial and mini ads to:

fca.fairlington.ads@gmail.com

Drop off location: Drop box in the Fairlington Community Center, 3308 S. Stafford Street

COMMERCIAL ADVERTISING RATES

Artwork and check made payable to **FCA** are due the 10th of the month preceding desired publication date. Direct inquiries regarding advertising file requirements to Beth Andrews at 703-243-1735 #1.

Ad Size	Height	Width	Rate
1/8 page	2 3/16 in.	3 5/8 in.	\$47
1/4 page	4 5/8 in.	3 5/8 in.	\$94
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Full-Page	9.5 in.	7.5 in.	\$395
Back Cover (Full Page)	9.5 in.	7.5 in.	\$505
Full-Page Insert (1 Side)	11 in.	8.5 in.	\$525
Full-Page Insert (2 Sides)	11 in.	8.5 in.	\$570

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Fairlington is a National Register and Virginia Landmark Historic District

For more information, visit www.fca-fairlington.org

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Calendar, cont.

Fair Golds program

Thursday, May 20, noon
FCC

Thirty Somethings

Thursday, May 20, 7:15 p.m.
Café Asia
Arlington

Fairlington Diners

Wednesday, May 26, 7:30 p.m.
Bear Rock Café
Shirlington

See Neighborhood News on pages
21 – 22 and related articles for
details about calendar events.

Contents

Features

Fairlington Day	1
Public safety report	5
Robbery or burglary?	5
Letters to the editor	7
New fire engine	7
Traffic news	7
Urban gardening workshop	9
Farmers markets open	9
Free mulch for pick-up	9
Del. Englin's HOT update	10
Who's been counted	10
FINS swim program sign-up	11
Volunteers needed	11

Departments

Community Center news	13
Patio gardening	15
Animal talk	17
Abingdon School news	19
Neighborhood news	21
Mini-ads	23

Some images in this publication may be
digitally enhanced.



PRESIDENT'S MESSAGE

Dear Fairlingtonians,

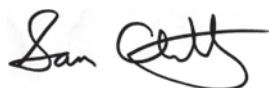
To live in the Washington area is to experience the excitement of the metropolitan culture, but also the stress of work and commuting, and a busy, hectic lifestyle that has become all too commonplace. As an antidote, I challenge you to make the time to step out of your home on May 15, stroll over to Fairlington's own Utah Park, and forget for a while the fast-paced world that waits outside our neighborhood's borders. Here, you'll enjoy a social event like no other.

The FCA is proud to host the latest interpretation of Fairlington Day, a community celebration on Saturday, May 15, from 11 a.m. to 3 p.m. Visit Utah Park where you can enjoy some food, friends, and fun activities. Read more about the event in this issue of the *AFB* and get the latest details on our Web site at www.fca-fairlington.org.

A look back on our community history (thanks to the Fairlington Historical Society and their great book, *Fairlington at 60*) reveals the long line of social events and creative activities within Fairlington. In the 1940s Walter Hodges sponsored community arts and crafts shows, Independence Day parades, and a newspaper titled *The Fairlingtonian*. *The Fairlington Players* was a community theater troupe created in 1947, which once was the oldest continuous community theater group in northern Virginia. In addition, there were the Fairlington Women's Club, Fairlington Travelers, a bowling league, and kids groups like Cub Scouts, Boy Scouts, Brownies, Girl Scouts, and Campfire Girls. And for more than thirty years, each of the condominium associations (Arbor, Commons, Court, Glen, Green, Meadows, Mews, and Villages) hosted social activities—all due to the dedication and generosity of the board members and resident-volunteers.

On May 15, representatives from such current social and civic organizations as the Fairlington MOMS Club, START (Smart Transportation Alternatives for Riders Tomorrow), the Fairlington Historical Society, and the Abingdon Elementary School PTA will be on hand to share information about their groups and host fun activities. And our four-legged friends will be represented by dog rescue groups, A Forever Home and Homeward Trails, as well. The FCA will headquarter its activities at the newly built picnic shelter, offering hot dogs and beverages and selling Fairlington T-shirts. If you wanted to know what is going on around this community, I can't think of a better way to meet your neighbors, learn about our community history, and join a club!

I remain,
Faithfully,



Sam Anthony

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Public safety officers urge caution, common sense



FCA president Sam Anthony with ACFD Battalion Chief Chris Devers (center) and Lieutenant Allen Becker. ACPD Captain Michelle Nuneville with members of the 3rd District team, Officers Bryan Morrison (left) and Brent Olson. Fire Station 7 C Shift firefighters Alberto Descalzo, Eric Wesley, and Werner Ennesser. Photographs by Gretchen Fallon.

Theft 101: Is it burglary or robbery?

The police deal with all kinds of criminal behavior, and there are technical gradations in the legal language describing various acts. But with examples that are familiar to a civilian audience, Captain Nuneville explained that larceny is theft—someone takes your property, with the intent of permanently depriving you of it. Say you're a woman shopper in Safeway, with your purse/handbag stowed in that handy child-carrier seat in the front of the shopping cart. You turn away to select and bag three tomatoes; when you turn back to the cart 30 seconds later, your handbag is gone. That's theft. So is the common regional crime of "larceny from autos." Burglary involves the unlawful entry into your house (or other premises) with the intent to commit a crime, usually theft. The thief might break in through a locked door or he might enter through an unlocked door or a left-open window—it's still burglary. Burglary is commonly referred to as a "break-in" or "breaking and entering." Robbery is theft involving some kind of violence or threat of violence against a person. Say you're accosted on the street, the thief demands your money or iPod, and threatens you with a knife or a baseball bat. That's robbery. Robbery is commonly known as a "holdup" or "stickup"—the most familiar example, from TV airings of grainy surveillance camera footage, is a convenience store holdup.

Play it safe

At the FCA meeting in March, Arlington County public safety officers reiterated tried-and-true advice for staying safe. Do what you can to prevent a problem from occurring: You'll stay safe, your property secure, and fire and police officers won't be called to respond to a preventable incident.

Check your smoke alarm and change the batteries, advise ACFD Lieutenant Allen Becker of Fairlington's Fire Station 7 and Battalion Chief Chris Devers. Eliminate slip and trip hazards in your home. Be careful where you place your barbecue grill—certainly not adjacent to a structure like a patio fence. When you're out on the sidewalks and streets biking, jogging, or walking the dog, be mindful of traffic—and don't insist upon your right-of-way against an oncoming vehicle, because the car will always win. Schedule a home safety inspection by calling 703-228-4644.

ACPD Captain Michelle Nuneville, 3rd District Commander, reminds: Don't leave valuables in your car. Don't leave the keys in your car. Check your car to ensure you still have both front and back license plates. Close and lock windows, as well as doors. If you buy a big screen TV, don't put the packaging out with the trash without breaking down the box—you're merely advertising your home's valuable contents. Call the police non-emergency number, 703-558-2222, to report any suspicious activity—like non-permitted door-to-door solicitors or unusual noise or trash in parks and playgrounds.

Trends in calls, reports

Firefighters, who are also all EMTs, report an increase in medical emergency calls. Of the 43,000 calls ACFD responded to in the last year, a majority were medical—an upsurge

Continued on page 7

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Letters to the editor

Dear Editor:

I wanted to let my neighbors know about an act of honesty and integrity that deserves recognition. I took my car to the Let It Shine Mobile Car Detailing service that is occasionally located in the Frosty's parking lot next to the fire station. I was told to come back in two and a half hours and my car would be done. When I left my car and the keys, I have to admit I had a moment of hesitation about turning my car over to a mobile business. When I returned not only did my car look fantastic, but the two gentlemen who cleaned my car handed me \$160 in cash. They said they found it between the seats of my car and they were sure I was missing it. I was, but I had no idea that it had fallen out of my pocket into my car. They made my day! Please patronize their business.

Bobbi Jeanquart
Fairlington Villages

The All Fairlington Bulletin welcomes letters to the editor and will print them as space permits. However, the opinions expressed are those of the writers and do not represent endorsement by this publication or the FCA. In addition, the AFB reserves the right to edit letters for length or clarity, and the AFB may refuse to print letters that are not appropriate for a community newsletter.

Traffic news

At this time last year, residents voiced concern about drivers speeding on Fairlington's narrow streets and "blowing through" stop signs (most were Fairlington residents), but police vigilance since then seems to have paid off. From July to December, 2009, police wrote 251 citations in Fairlington for traffic violations. From January to mid-April this year, the number was 87. In addition, 3rd District police are aware of, and will watch for, Metrobus violations involving vehicles crossing the center line to avoid slowing down for speed cushions, particularly on South 31st Street between Woodrow and Randolph and on South 29th Street between Buchanan and Columbus.

Update: Police report that on the weekend of April 17-18, four vehicles in Fairlington were broken into—one was stolen.

Public safety continued from page 5

reflecting the nationwide trend of increased medical calls to all combined fire and EMS departments. Police officers report that larcenies from autos continue, but the GPS no longer enjoys top-spot popularity. Currently, thieves are taking car parts, like tires, hubcaps, and license plates. And they'll steal anything of value left in a car or truck, like power tools, laptops, women's purses, and loose change.

Budget impacts

Discussion about how the county budget might impact firefighters and police revealed that proposed cuts in both departments' personnel (involving reorganization of existing units and loss of positions through attrition) were now under consideration by the County Board, but that final decisions would not be known until the board meets on April 24. (For updated information, go online to the county Web site www.arlingtonva.us and search FY2011 budget.)

Call 911

Fire officials remind residents NOT to call the Fairlington firehouse with a fire or medical emergency—**Call 911**. Phoning the firehouse could actually delay a response, particularly if Station 7 is on another call. ACFD's goal is to have a fire truck (manned by firefighters who are EMTs) or ambulance/medic unit at your door in four minutes, and they meet that high standard 98 percent of the time.

Check out Engine 107

The shiny new fire truck at the Fairlington firehouse is more appropriately called an "engine." As explained by Battalion Chief Devers, trucks are aerial apparatus (ladder trucks/tower ladders); engines carry hose and water. The new Engine 107, acquired after the county's extensive best-value procurement process from Pierce Manufacturing, in Appleton, WI, is a Pierce Arrow XT pumper. The Arrow XT features a 500-hp engine, five-speed automatic transmission, 10-inch raised roof cab, a side-roll protection package, a 19-inch front bumper extension, a 1,500-gpm pump, Class B foam system, 750-gallon poly water tank, and a 58-inch high EMS cabinet located inside the cab. In a news release describing its pride in securing the contract to supply six engines to Arlington (the first delivery in an annually renewable, seven-year contract), Pierce said: "The Arrow XT pumper is ideally suited to meet Arlington County's urban needs...with a short body length, maneuverable chassis, and robust firefighting capabilities....Moreover, Arlington valued the Arrow XT's traditional look to match existing apparatus and [its] simplicity, reliability, and durability."

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Workshop on urban vegetable gardening, May 5

Virginia Cooperative Extension and Master Gardeners of Northern Virginia will host a workshop designed to inform and assist the urban vegetable gardener on Wednesday, May 5, from 7 to 9 p.m. at the Fairlington Community Center. Part of VCE's Sustainable Urban Agriculture lecture series, the urban vegetable gardening workshop will offer tips and tricks for growing your own veggies—even on Fairlington patios. From experienced community gardeners, you'll learn how to grow more with less space, time, water, and light, and how to increase your yield while using organic controls for common vegetable pests and diseases. The workshop is free and open to the public. For more information or to register, call the Master Gardener Help Desk at 703-228-6414 or send an e-mail to ex013mg@vt.edu.

Learn the basics of birding

Among its many spring nature programs, the Arlington County Conservation and Interpretation Section offers Introduction to Birding, for adults and families with kids 10 and up (children must be accompanied by an adult), on Wednesday, May 5, from 6 to 8 p.m. No experience is necessary. The program will review the basics of binoculars, field guides, and field marks for our area's common birds, and features a walk through Fort C.F. Smith Park. On the walk sparrows and warblers are birds you can expect to see in the mix of woodland and open meadow at the historic site. Dress for the weather. Meet at the Hendry House at the park, 2411 N. 24th St., Arlington 22207. A \$7 fee is due upon registration. To register, go online to <https://registration.arlingtonva.us> (program #: 644410-01). For more information, contact Rachael Tolman at 703-228-6535 or Rtolman@arlingtonva.us.

Rinse, refrigerate fresh veggies

Some of the most nutritious foods are also the most likely to carry food-borne bacteria, according to studies on food-illness outbreaks from the Centers for Disease Control. Reduce the risks by refrigerating produce as soon as you get home to stall pathogen growth and by rinsing fruits and vegetables under cold water for at least 30 seconds to remove more than 90 percent of contaminants. Leafy greens require the most attention.

Buy local, eat better



'Tis the season for regular deliveries of garden-fresh fruits and vegetables to local farmers markets. There are ten farmers markets near Fairlington (seasonal, year-round, weekend, or weekday): Six are in Arlington, at Courthouse, Ballston, Clarendon, Crystal City, Columbia Pike, and Rosslyn; four are in Alexandria, in the West End, Del Ray, Old Town, and upper King Street. For updated hours of operation, go online to the county and city Web sites, www.arlingtonva.us and www.alexandriava.gov and search farmers markets. You can also review detailed information at www.localharvest.org.

Old leaves make new mulch—and it's free

You can go to the nearby county Trades Center (29th Street S, off Arlington Mill Drive) to pick up free mulch (depending on availability) for your flower/shrubbery beds. Bring your own shovel and bags/containers. Shredded leaf and wood mulch derives from the county's fall leaf collection and tree trimming/removal programs. The Trades Center is open for mulch pick-up Monday through Friday, 5 a.m. to 9 p.m., and Saturday, 7:30 a.m. to 4:30 p.m.; closed Sunday and holidays. For more information, call the Environmental Services Department, 703-228-6570, Monday through Friday, 8 a.m. to 5 p.m.

HOT lanes update

**—from Virginia Delegate David Englin,
April 8, 2010**

The corporate interests who stand to make hundreds of millions of dollars over the next 75 years from the I-95/395 HOT Lanes project pulled out all the stops to defeat my efforts to protect our neighborhoods from this problematic proposal. Current law allows the Secretary of Transportation to enter into agreements that give away public highways and other infrastructure—property owned by you, me, and every other taxpayer—to for-profit corporations with little oversight. This has resulted in an inadequate environmental analysis that leaves the VDOT-Fluor/Transurban project team unable to produce data to support its claim that the I-95/395 HOT Lanes project will avoid harm to neighborhoods like Parkfairfax, Fairlington, and Shirlington. In response, I sponsored a package of legislation designed to require a complete environmental analysis and other transparency and oversight reforms. Unfortunately, on party-line votes, the House Transportation Committee tabled all of these measures. However, I had a very constructive meeting with the new Secretary of Transportation, Sean Connaughton, who committed to me that if the I-95/395 HOT Lanes project eventually moves forward, he will eliminate the Shirlington Rotary plan that our community strongly opposes. While this does not solve the entire HOT Lanes problem, it is an important victory.



Fairlington residents and artists Theresa Esterlund, Karen Hacker, and Marianne Milian were among Arlington Artists Alliance artists showing at their third show and sale held at the Fairlington Community Center the second weekend in April. The three-day event, featuring oils, watercolors, acrylics, pastels, sculpture, and tabletop items welcomed a total of 265 people and sold 45 items, from framed paintings to note cards. The next show at the FCC (many people inquired) will be held sometime in the first two weeks of November. Photograph by Gretchen Fallon.

Your old house how-to

At its 2010 annual meeting, on Tuesday, May 25 at 7 p.m., the Arlington Heritage Alliance will present a panel of experts who will discuss how to weatherize your old home without sacrificing its historic character. Brendan Meyer of the District's Historic Preservation Office will talk about energy-efficiency improvements in old houses. David Gibney of Historic Restoration Specialists will give a hands-on practical demonstration on repairing and restoring historic windows (no vinyl replacements needed). Rebecca Ballo of the Arlington County Historic Preservation Division will also be on hand to answer questions about Arlington's historic neighborhoods and resources for learning more about repairing and upgrading your historic house. The discussion will be held at Lyon Park Community house, 414 North Fillmore Street. Light refreshments will be provided at 6:30 p.m. For more information contact Kathryn Smith at timkathsmith@comcast.net.

Track Fairlington's participation in the 2010 census

As of April 18, the census participation rate for south Fairlington was 83 percent, and for north Fairlington and Shirlington the rate was 73 percent. (That's the way the data is broken down locally.) Our neighborhood is well ahead of the national participation rate of 69 percent. The five states with the highest participation rates were Iowa, Minnesota, Nebraska, Pennsylvania, and Wisconsin. The numbers change daily, and you can track national, state, and local response rates by going online to this entertaining, interactive Web site: <http://2010.census.gov/2010census/take10map>; enter ZIP code and click on local view.

It's yard sale time

Fairlington Villages' popular spring yard sale will be held in the North Fairlington Community Center parking lot on Saturday, May 1, from 8 a.m. to noon. Come mingle with your neighbors and search for one-of-a-kind treasures.

FINS summer swim program

Fairlington FINS, Friends Interested in Neighborhood Swimming, is an instructional and fun community-based summer swim program for children ages five to 14, now in its 12th year. FINS will be held from July 5 to 30. Practices are held at four South Fairlington pools (a different pool each week). Each week includes four afternoon practices, Monday through Thursday: 3:30 to 4 p.m. (5-6 year olds); 4 to 4:40 p.m. (7-8 year olds); and 4:40 to 5:20 p.m. (9-12 year olds). Swim meets are held on Fridays (no afternoon practice) starting at 6 p.m. and running about one and a half hours.

Daily swim practices focus on the introduction and refinement of children's swimming skills. With the exception of any child who is very afraid of the water or reluctant to participate, there are no swimming requirements for acceptance into the program. He/she will be in a group of 15 or more, so the child must be comfortable with that size class. Meets consist of two or three races for each child. Younger children can use a



At a FINS Friday night swim meet at the Arbor pool last summer, swimmers awaited their turn to race. Photograph by Steve Andrews.

kickboard or noodle. The meets are very informal (we do not race against other teams) and all racers will receive a ribbon. Parents will be asked to help at the meets—calling the races, ribbon writing, and helping the coaches organize the races.

FINS registration forms, including a more detailed schedule and information sheet, will be available May 1 by e-mail or they can be picked up at the Fairlington Community Center on S. Stafford Street. For forms or more information, please

contact Dana Andy at 703-671-3460 or djandy1998@yahoo.com or Sue Shapiro at 703-328-4572 or dshap@verizon.net.

FINS registration is for Fairlington residents only until June 21. At that time, non-Fairlington residents will be allowed to register if space is available. Only 50 children will be accepted, on a first come, first served basis. The cost for the season is \$50 per child on or before June 21, and \$55 after that date. You won't find more affordable swim instruction—or a more exciting community activity—anywhere!

—Dana Andy

Library volunteers needed

Shirlington Library is looking for volunteers to fill three positions. They need someone to keep the magazine lounge neat and to process new magazines as they arrive. Also needed is someone to maintain the Friends of the Library ongoing used book sale, which involves sorting and pricing donated materials and keeping the book sale area stocked. In addition, they need several people willing to shelve books. The volunteer application is available at <http://library.arlingtonva.us/Departments/Libraries/support/LibrariesVol>. Or call Barbara Dean at 703-228-7688.

Shirlington Library news: For complete program descriptions, go online to the library Web site at www.arlingtonva.us/departments/Libraries/LibrariesEvents.aspx.

Check, restock your first aid kit

The American Red Cross recommends periodic checks to ensure that your first aid kit is fully stocked. Make sure it includes needed medications and emergency phone numbers. Also recommended for a standard household kit: absorbent compress dressings, adhesive bandages (in assorted sizes), adhesive cloth tape, antibiotic ointment, antiseptic wipes, aspirin, a blanket, a breathing barrier with one-way valve, an instant cold compress, non-latex gloves, hydrocortisone ointment, scissors, roller bandages, sterile gauze pads, a non-mercury thermometer, tweezers, and a first aid instruction booklet. For more information, go online to www.redcross.org and to the county Web site, www.arlingtonva.us, click on Departments, and select the Office of Emergency Management.

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"It's much easier to tolerate than my CPAP, so I use it every night! My snoring has stopped and I feel more rested in the mornings now." — Todd, Vienna, VA

"Finally! I can sleep through the night thanks to my husband wearing a night-time sleep appliance. Haven't slept like this for years!" — Terri, Vienna, VA

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"No more lugging the CPAP machine case on trips and trying to find electrical outlets in hotel rooms! My dental night appliance is so much easier and less cumbersome." — Dena, Alexandria, VA

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FAIRLINGTON

community center news

Spring classes and workshops at the FCC

Get the complete class description online or pick up a copy of *Enjoy Arlington* at the center. For questions or registration, visit www.arlingtonva.us or call 703-228-4747.

For adults

Jewelry making: Introduction to precious metal clay, ages 18 to adult 340128A Sat., May 22, 10 a.m. to 4 p.m., \$90

Wellness workshop: Healing headaches, neck, back, and shoulder pain 340807A Sat., May 1, 2:30 to 5 p.m., \$45

Wellness workshop: Acupuncture for weight loss 340808A Thurs., May 6, 6:30 to 7:30 p.m., FREE

New! Jewelry making: Precious metal beads 340152A Sat., May 8, 10 a.m. to 4 p.m., \$90

For youth

Expressive drawing, ages 6 to 9 320108A Wed., May 5, 4:30 to 5:30 p.m., 7 sessions, \$92

For teens and adults

New! Portfolio prep drawing, ages 14 to 18 340135A Sat., May 8, 11 a.m. to 1 p.m., 5 sessions, \$87

Digital photography: SLR camera beginner, ages 15 to adult 340170A Tues., May 4, 7 to 9 p.m., 7 sessions, \$174
340170B Thurs., May 6, 7 to 9 p.m., 7 sessions, \$174

Senior Center events

Programs run Tuesday through Friday from 8:30 a.m. to 1:30 p.m. for residents 55 and older. Call Emma Valencia at 703-228-7791 for more information.

May 4, Field trip to the U.S. Capitol House gallery

May 6, special presentation for Older American Month (Arlington Community Federal Credit Union)

May 7 to 21, art class

May 7, Mother's Day celebration

May 11 and 12, AARP driver safety program

May 18, Alzheimer's disease

May 28, Long Branch Nature Center program

May 28, birthday celebration

Featured Senior Center program: AARP driver safety program, May 11 and 12

Brush up on your driving skills and stay safe. Classes are on Tuesday, May 11 and Wednesday, May 12 from 9 a.m. to 1 p.m. Pre-registration and a \$12 fee are required; you must attend both days of this two-day course. Space is limited. Call 703-228-7791 to register.

Fairlington Cooperative Playgroup

Monday and Wednesday, or Tuesday and Thursday, or Fridays only, from 9:30 to 11:30 a.m. For tots 12 to 36 months (1 to 3 years old). Contact: prfairlingtonplaygroup@fastmail.net.

Continued on page 14

FCC hours and contact info

Monday through Friday, 8 a.m. – 9 p.m.

Saturday, 8 a.m. – 5 p.m.

Sunday, closed.

Hours were effective February 1 but are subject to change. For updates and more information, call the FCC at 703-228-6588. The center manager is Patrick Mallon, 703-228-6590, Pmallon@arlingtonva.us.

FCC programs

The FCC has six multi-purpose rooms, art studios, a gymnasium, a state-of-the-art fitness room, day-lockers, accessible pre-school and school-aged playgrounds, outdoor basketball courts, a fitness trail, a playing field, a picnic shelter, and accessible public restrooms. There is indoor open play for children 13 and under in the multi-purpose gym on Saturday, 3 to 5 p.m. and Sunday noon to 3 p.m.—children must be supervised by an adult (18 and older). In addition, there are a Senior Program, a creative pre-school (three to five years old), parent/child Co-op Program for children one and two years old, and summer camp.

Master Gardeners plant clinic

Monday through Friday, 8 a.m. to noon. Help Desk, 703-228-6414.

Open play in gym for those 13 and older

Saturday from 3 to 5 p.m., Sunday from noon to 3 p.m.

FCC construction update

The playground and parking lot will open soon. The athletic field will be closed over the summer as the new grass sod is established. Other enhancement plans include landscaping, courtyards, basketball court replacement, and new pedestrian walkways.

Travel smart with 511

If you're going to be on the road this spring and summer, here's a number you should remember—511. In many states, it's the phone number that provides real-time travel information, including road conditions. Virginia, North Carolina, Pennsylvania, New Jersey, and New York are among the areas on the east coast with the system in place. For a complete map of the service around the country, check the Federal Highway Administration's 511 Web site at www.ops.fhwa.dot.gov/511.

New county manager starts this month

In early April, Arlington County Board chairman Jay Fisette announced that Michael Brown, currently the city manager of Savannah, Georgia, has been appointed Arlington's county manager and will take up that post this month. A Northern Virginia native and graduate of the University of Virginia, Brown will reside with his family in Arlington. For complete information, go online to the county Web site, www.arlingtonva.us/departments/Communications/PressReleases/page75662.aspx.

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FAIRLINGTON DAY

Saturday, May 15



The picnic shelter in Utah Park is the place to be on Saturday, May 15!

Join your neighbors for fun and games on Fairlington Day.

11 a.m. – 3 p.m.

Utah Park picnic shelter and playing fields

- Free hot dogs and soft drinks, starting at 11:30 a.m., while supplies last.
- Dedication of the newly constructed picnic shelter at noon.
- Visit from Arlington County official.
- Pick-up games of volleyball and soccer.
- Face-painting for the kids.
- Information tables and displays from:
 - Fairlington Historical Society
 - MOMS Club of Arlington-Fairlington
 - START (Smart Transportation Alternatives for Riders Tomorrow)
 - A Forever Home Pet Rescue
 - Homeward Trails Animal Rescue
 - Abingdon School PTA (sweet treats and students performing with African drums, strings, and recorders)
- **New!** Fairlington T-shirts on sale for \$10.

Bring your lawn chairs/picnic blankets to sit on! Bring your kids, cameras, and dogs (on leash)! Bring your appetite and good cheer! Bring good weather!

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Visit www.fca-fairlington.org for the latest updates.



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— Edward Getterman,
Fairlington Resident

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— Rick Micker, Former Fairlington Condo VP

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— Denice McCullough, Fairlington Resident

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DOWN TO EARTH patio gardening



One after another, flowering trees mark spring's arrival

Have you noticed the signs that winter has ended in northern Virginia? Songbirds like the cardinal, robin, and mockingbird are chirpier now that overnight temperatures remain above freezing and worms are easy to unearth from the soil. And pastel, flowering “clouds” hover in treetops in the early spring landscape. Though gorgeous, these masses of flower color are fleeting. But since one tree's blooms follow another, there seems to be something colorful and fragrant on display for the year's most beautiful season.

Amelanchier laevis or Allegheny serviceberry offers its whitish-pink blooms in early March. The tree was so named by settlers because its blooms signaled to gravediggers that the ground was soft enough for them to resume their labors. In autumn, the maroonish-black berries make a tasty pie, if the fruit is harvested before the birds peck at them.

The Magnolia x soulangiana or saucer magnolia shows in late March with cup-like, fragrant, pink petals that resemble giant tulips on the branches. The tree blooms so early that its petals frequently turn brown with the inevitable March cold snap. Its genus mate, the Magnolia Stellata or star magnolia, has petals of white, like fingers opened in the shape of a star.

Washington residents never have to guess when the Prunus or cherry tree will blossom, since any meteorologist gladly renders the “peak bloom” dates for tourists and local



Yoshino cherry trees in Fairlington made quite a display in late March and early April. Photograph by Corey Hilz, www.coreyhilz.com.

hosts, alike. The cherry's blooms are precocious, emerging early and alone, unlike those of the Malus floribunda or crabapple. This is the reason the cherry blossom is so lush—there is no foliage clutter to diminish the flower's vitality or compete with its display. Only when the blooms are nearly spent do the finely serrated leaves appear. The crabapple's flower bud is fuchsia and white, and it opens into a dark pink petal long after the leaves have germinated. Its pomes dangle amid thick flower blooms and clusters of greenish leaves.

Maybe the most vivid bloom is the Cercis canadensis or redbud, which follows most flowering ornamen-

tals with its neon purplish-pink petals that cling to the branch like beads on a necklace. Since redbud's leaves follow the flower, the branches, seen from a distance, seem fairly illuminated in color. Come fall, the redbud's ovate leaves turn yellow and drop, leaving brown fruit pods hanging from the winter woodwork.

A week after redbud dazzles the landscape, Cornus florida or flowering dogwood emerges with quarter-sized, cupped blooms in ivory, pink, and cranberry surrounding a yellow eye. The Virginia State tree's blooms precede the leaf and sit like ornaments in the tree's open habit. One book lists 94 cultivars or varieties of the dogwood—it's also the state tree of North Carolina.

Probably the most common spring flowering tree is Pyrus calleryana or Bradford pear. Shaped like a flame, its creamy-white flowers appear like stitching on its leafless outline in early March. They grow wild and can be seen with the Robinia pseudoacacia or common locust along Virginia's highways.

Showing near the end of spring's run is the Styrax japonicus or Japanese snowbell, whose flower buds hang on stalks before opening into white blooms with protruding yellow stamens. The snowbell is slightly fragrant and bell-shaped.

—By Bill Sullivan,
www.sullivanlandscaping.net



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Animal Talk

99 degrees in the shade

Last summer was relatively cool compared to years past, but a typical DC summer can be described as “hazy, hot, and humid”—not exactly dog-friendly.

In the nice weather, many people like to take their pets with them in their cars as they run errands, but they don't realize that dogs are particularly heat “challenged.” We humans sweat to cool off, but dogs can cool themselves only by panting and sweating through their paw pads. With a dog, it doesn't take much to overheat—running or walking in the middle of a hot day or sitting in a car for even a short period of time. For example, on a mild 70 degree day, temperatures inside a car—even with the windows cracked—can reach over 100 degrees in as little as 30 minutes, leading quickly to heatstroke and even death for pets left inside.

According to PETA, signs of heatstroke include restlessness, excessive



thirst, heavy panting, lethargy, lack of appetite, dark tongue, rapid heart-beat, fever, vomiting, or lack of coordination. If your dog displays these signs, get it into the shade immediately and call your veterinarian. Lower your dog's body temperature gradually by giving it water; applying a cold towel or ice pack to the head, neck, and chest; or immersing it in lukewarm (not cold) water.

Safe ways to enjoy the great summer weather outdoors with your dog include exercising in the early morning or evening hours, sticking to shady routes, taking along water for your dog, keeping your dog's fur trimmed, or even getting a kiddie pool. Whatever you do, never force your dog to exercise if it seems too hot or tired.

What can you do if you see a dog locked in a car on a particularly hot day? One option is to take down the car's information and try to locate the owner in a nearby shop. Or call the local animal welfare authorities (in Alexandria, 703-838-4774; in Arlington, 703-931-9241) or the police to report your concerns. Play it safe for the rest of the summer and keep your dog safe and cool—at home—while you run errands or enjoy outside activities on a hot day.

—By Christine Chirichella, AFB
Assistant Editor

Perks of the pup

If you need an exercise buddy, you should consider the four-legged variety according to research from studies at the University of Missouri, College of Veterinary Medicine. Volunteers walked five days a week with either a dog or a friend/spouse. At the end of 12 weeks, the dog walkers were more fit and could hoof it faster than those who'd walked with people. Attitude is contagious, say researchers. Dogs are always eager to go outside, and their enthusiasm spreads to their human companions... Another canine bonus: You won't get away with slacking off: Dogs *need* to be walked frequently.

—from Women's Health, April 2010

AWLA Walk for the Animals, Saturday, May 8

The walk begins and ends in Bluemont Park (329 N. Manchester Street, Arlington, 22203). Choose between a three-mile walk and a one-mile stroll. Check-in starts at 8:30 a.m., and the walk kicks off at 9:30. Registration cost is \$25 per person in advance and \$40 on the day of the walk. After the walk, there will be demonstrations, displays, and entertainment. For more information and/or to register, go online to www.awla.org or call 703-931-9241 x 200.

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Abingdon students are back in the garden

It's springtime and that means Abingdon students can get back into their outdoor science lab—our beloved garden. This wonderful little plot of land between our school and the pre-K playground is the site of loads of interactive learning for Abingdon students in all grades.

Ms. Sywilok, our resident "Queen of Science," incorporates the garden into her lessons. It brings science to life—literally!

The garden features eight raised beds, a bean teepee, and a compost area. In the fall, the students grew tomatoes, beans, strawberries, spinach, eggplant, okra, squash, peas, lettuce, radishes, pumpkins, gourds, peppers, and a variety of herbs. Thanks to a generous donation of much-needed supplies from Applehouse & Garden Center, Ms. Sywilok and the kids are busy spreading manure so that the fresh produce they plant can blossom in the coming months. In fact, the pre-K and Kindergarten students have just planted the beans. Other crops, like lettuce and corn, are on their way, too.

The Abingdon garden teaches the students about more than science: It's the site of real hands-on learning about community and giving. As an official Plot Against Hunger, the bounty of fresh produce grown in our garden is donated to the Arlington Food Assistance Center, which provides supplemental groceries to our neighbors in need—more than

1,000 families a week. By January, we'd already donated more than 250 pounds of fresh fruits and vegetables from our garden.

Coupled with the food we've collected throughout the year (including 623 cans of soup during our February Soup-er Bowl food collection), Abingdon has donated more than 1,300 pounds of food to AFAC this year.



Abingdon Kindergarten students sang, played the glockenspiel, and ran, ran as fast as they can in their operatic performance of The Gingerbread Man. Photograph by Michelle Marston.

Pennies for Patients

Another wonderful experience in giving back was our Pennies for Patients collection. Abingdon students collected more than \$1,500 in loose change over a period of just a few weeks to help fund research toward cures for cancer. One Kindergarten class raised more than \$200 on its own. And two first grade classrooms raised more than \$100 each.

Pennies for Patients is an annual project of the Leukemia and Lymphoma Society. Since 1994, more than 10 million elementary, middle, and high schools across the country have collected millions of dollars for cancer

research. Our collection was organized by Abingdon's Cardinal Club, which acts as a sort of student government at the elementary school.

Young opera stars

On April 8, Abingdon's Pre-K, Kindergarten, and first grade students gave an outstanding opera performance at a school assembly. They have been in training with Yvette Lewis as part of a visiting humanities program.

Ms. Lewis is the founder and director of "So This is Opera," a program that introduces young audiences to opera. She takes her program to 40 to 50 schools a year. She is, herself, a lyric soprano who has performed with the Washington Opera, Baltimore Opera, Opera Theatre of Northern Virginia, Baltimore Symphony, and at the Spoleto Festival in Australia. Ms. Lewis also worked for 12 years as an elementary school

music teacher in Baltimore City and Montgomery County.

The students performed three "operas," complete with dramatic gestures and big sounds fit for the very best opera halls. The Pre-K kids performed *The Little Red Hen*, Kindergarten students performed *The Gingerbread Man*, and first grade students performed *The Three Bears*. The children also made their own costumes. And, in honor of the *Little Red Hen's* bread-making theme, the Pre-K students created their own recipe for Strawberry Ice Cream Pizza Bread.

—By Michelle Marston, Abingdon PTA co-president



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neighborhood news

Fair Golds

The Fair Golds, an Arlington County social group in and around the Fairlington area (including Alexandria), meets at the Fairlington Community Center in South Fairlington at noon on the first and third Thursdays of each month, with the exception of the months of July and August when there is only one meeting on the third Thursdays of those months. The meetings begin with a brown-bag lunch. Dessert and beverages are provided.

In May, the Fair Golds will have a business meeting on Thursday, May 6. On Thursday, May 20, there will be a program on "Personal Safety and Security" with guest speaker, Heather Hurlock, Crime Prevention Specialist, Arlington County Police. We always welcome guests and/or new members. The only requirement is that you be over 55 years of age. Please feel free to join us at one or more of our meetings and see if Fair Golds is a group you would be interested in joining. We try to arrange a special program or engage a speaker for the second Thursday meeting of the month. If you would like more information about Fair Golds, feel free to call Gertrude Frankel at 703-931-3759 or Vernetta Kukulich at 703-548-8571.

Card players welcome

Join your Fairlington neighbors for a friendly game of Canasta. No previous experience is necessary to enjoy this card game. We are happy to teach you. The group meets Tuesday mornings at a local church hall near Fairlington. Call Carol Ann at 703-931-8533.

Fairlington Diners

We're a diverse group of Fairlington and non-Fairlington friends who gather for dinner a couple of times a month, and focus on having a good meal in great company. This month, we'll try out a restaurant recommended by several members, in north Alexandria, and then return to Bear Rock Cafe in Shirlington for our burger fix.

Monday, May 10, 7:30 p.m., Bastille Restaurant, 1201 North Royal Street, Alexandria, 22314, 703-519-3776, www.bastillerestaurant.com. Let's try this award-winning

French restaurant with plenty of parking in north Alexandria. It's described as upscale casual.

Wednesday, May 26, 7:30 p.m., half-price burger night at Bear Rock Cafe in Shirlington, 4251 Campbell Ave., 703-575-8055, www.bearrockcafe-va.com. Join us for good company in an informal atmosphere. We had a very nice meal in February after the snow; perhaps we can dine outside this month!

Please call Carol to let us know if you plan to attend, so we can choose the right size table when we arrive. Prior to the day of the event, please call at 703-379-6840. On the day of the event, please call by 6 p.m. at 202-647-2624 (NOTE NEW NUMBER). Please leave a voicemail on either number if you don't reach Carol directly—include your name and a phone number for contact on the day of the event, in case of a change in plans. If you'd like to be included in our e-mail list, send your e-mail address to carol_dabbs@yahoo.com.

Fairlington Thirty Somethings

In April the Fairlington 30-Somethings walked across Quaker Lane for a few drinks at Ramparts, which has been refreshing its décor and menu for awhile now. In May, the F30s' happy hour will be on the 20th at 7:15 p.m. in the front-room bar at Café Asia, 1550 Wilson Blvd. in Arlington. Look for the group at the bar or ask the hostess where to find the group. If you get there late, the group may have moved outside for some fresh air. Please join them and let Jeff or Kavita know that you're coming, so they can be on the lookout for you.

The Fairlington 30-Somethings is a social group for people who live in Fairlington. Members range from their mid-twenties to their mid-forties. Singles and couples are welcome. The F30s have monthly happy hours that tend to alternate between Shirlington and another local neighborhood in Arlington or Alexandria. They also sometimes organize other activities, such as attending concerts or plays or inner-tubing or beach trips. Kavita Kalsy and Jeff Hewitt would love your help with organizing events. If you'd like to be on the e-mail list or organize, please e-mail kkalsy@hotmail.com or j.b.hewitt@verizon.net.

neighborhood news

Continued

Fairlington Babysitting Co-op

The Fairlington Babysitting Co-op is currently accepting new applications. The co-op is a network of Fairlington families that exchange free babysitting services. It's perfect for parents who would like to know dependable adults to watch their children and meet other families in the community. Whether parents are single or married, working or staying at home, the Babysitting Co-op can accommodate their diverse schedules and situations.

The co-op works on a card system, where each member starts out with 15 one-hour cards and can use them to "pay" for sittings. Sittings may be requested during the day, evenings, or weekends. During the day children are normally brought to the sitter's house, and in the evenings the sitter usually comes to the children's house, but different arrangements may be made.

The co-op holds quarterly social events where children play together, parents converse, and a few business items are discussed. Anyone who is ready for some time away from the kids but who worries about the extra expense or who doesn't know someone with whom to trust their children should consider joining the Babysitting Co-op. Fairlington families have been enjoying the benefits of this unique organization for 30 years. For an application or more information, contact fairlington.babysitting@gmail.com.

Book Group

Our next meeting will be Tuesday, June 22, at 7:30 p.m. in the North Fairlington CC to discuss *The Girl with the Dragon Tattoo* by Stieg Larsson. For information, contact Kavita Kalsy at kkalsy@hotmail.com.

MOMS Club of Arlington-Fairlington

Looking to meet other parents in Fairlington? Join the MOMS Club® of Arlington-Fairlington, VA chapter of the International MOMS Club® (MOMS Offering Moms Support) designed for stay-at-home and part-time at-home parents (moms and dads) in Fairlington. Members and their children participate in monthly meetings, weekly age-specific playgroups, member planned outings, community service projects, family meal support, Parents Night Out, and much more. Annual dues of \$25 support quarterly group functions.

For more information, contact Lorna Loring at fairlingtonmoms@yahoo.com or call 571-217-2094. Or join us for our general meeting on Wednesday, May 12 at 3:30 p.m. at the Fairlington Community Center (please walk if possible due to the construction). Children are welcome.

Wakefield High School presents Godspell

Fairlington's nearby, award-winning Wakefield High School will present the 1970 musical *Godspell*, written by Stephen Schwartz and John-Michael Tebelak, on Friday and Saturday nights, April 30 and May 1 and May 7 and 8, at 7 p.m. in the school theater. The production is directed by Christopher Gillespie, Wakefield's drama director and teacher, and several leading roles feature Fairlington residents: Nicholas Blank, Dylan Everett, Danyele Greenfield, and Arami McCloskey. The school is located at 4901 S. Chesterfield Road, off Route 7 (King Street) behind the Wendy's, Taco Bell, and 7-11. Tickets are \$8 for adults, \$6 for students/children. Refreshments will be sold. For more information, call Pam Everett, 703-927-4075.

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Mini-ads

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SELF-CARE. Reflexology, Infant-Children's Massage and more. 703-671-2435 www.moorethanyoga.com.

COMPUTER HELP. Fairlington resident will help resolve problems with computers and other electronic equipment. Jim (703) 820-8767 jandgonline.com.

COMPUTER PROBLEM? Don't overspend to fix it. We provide free estimates, evening hours, weekends, and on-site services. We can handle anything computer related. BeltwayPC. com 571-969-1122

MAY ISLAND RESTAURANT. Chinese, Japanese, Fusion specials. 1669 North Quaker Lane, Alexandria, VA 22302. Phone 703-575-4455. mayisland1.com

FLUTE LESSONS. Does your child love playing the flute? For pleasure or competitively? My passion is helping all abilities and ages thrive and learn. Adults welcome. Former GWU flute professor. Call 703-998-7223 for a free lesson.

CAREER DEVELOPMENT. Certified coach in Shirlington area. For more information, visit www.creativechangecareers.com or call Shela, 571-225-4062.

BALLET CAMP. Unique ballet summer camp on Quaker Lane for boys and girls ages 3-10. For information visit website www.mlyna.com.

ADMINISTRATIVE HELP. Wanted: person with efficient typing skills and English dictation to assist in legal paperwork. Work is per assignment. 703-820-4184.

Child Care

CHILD CARE. Professional child care in my home. FT/PT. CPR and first aid. Excellent references. Worked with children for 23 years. Infants welcome. Call Pat at 703-370-2603.

Gardening/Landscaping

SULLIVAN'S LANDSCAPING. Need a new look in your patio? Email or call Bill at SULLIVAN'S LANDSCAPING, INC. billsullivan41@gmail.com or 571.213.9567. My prices are affordable and my customer service is proven. Interested in learning about landscaping? Register for my class: www.sullivanslandscaping.net

SPRING is the perfect time to turn your patio or entry into a beautiful space! Call Debra Livingston Design for landscape design, consultation and plant installation. 703-931-3530 or email debrapple@comcast.net.

MAY FLOWERS: ALL YOUR GARDENING NEEDS! Award winning gardens at reasonable prices. Design, planting, pruning, mulching, cleanup, patios and more! Call Wendell of Environs: 703-623-9625 MisterFixALot@gmail.com

Home Improvements

HANDYMAN. Windows, glass, clogged drains, storm door repairs, fixtures, garbage disposal installation, etc. Dave Pearce. 703-201-6303.

WINDOW REPAIR. Best prices. Quality work. Check my ad on new vinyl windows! Dave Pearce. 703-201-6303.

HANDYMAN. Senior Craftsmen, Inc. Biff Henley. Licensed, insured, bonded. 703-403-5354. Seniorcraftsmen@Verizon.net

HOME INSPECTOR. Biff Henley, Senior Craftsmen, Inc. American Home Inspector Training Institute Certified. 703-403-5354.

DOOR SOLUTIONS. Just doors-done right. 1,000's of pleased customers since 1992. Visit www.doorsolutions.biz for information/prices. Bill Reeves. 703-379-0437.

PAINTING. Greg the painter – Sixteen years Fairlington resident, quality interior painting and drywall repair. Large and small jobs. Call 571-242-2702.

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PAINTING & WALLPAPERING. 25 years experience. Excellent references in Fairlington and all areas. Interior and exterior. We do faux finish. Call for free estimate 703-495-0781. Ask for Ricardo. rrhomeimprove.com.

R.R. HOME IMPROVEMENT, INC. Celebrating our 20 year anniversary with very LOW RATES. We do: painting, drywall, carpentry, plumbing, electrical, floors, and general household repairs. Call us. Office 703-495-0781. Call 703-801-9151. rrhomeimprove.com.

HOME IMPROVEMENT. Ask to see finished bathrooms and kitchens to compare quality and price. Call Fairlington Maintenance Service. 703-379-7733. fairlingtonmaintenance.com

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Mini-ads

KITCHEN CEILING. Serving Fairlington since 1978. We have developed several ceiling designs. Talk to us about your kitchen renovation needs. Call Fairlington Maintenance Service. 703-379-7733. fairlingtonmaintenance.com

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STEPHEN SAMUEL HOME UPGRADES. Available for all of your remodeling and renovation needs-indoor and outdoor. Kitchen and bathroom upgrades, flooring, tiling, carpeting, painting, wall and ceiling repair, plumbing, patio repair ,fence restoration and more. Great work, great references, great prices. 703-405-9479.

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MICHELE'S MAIDS. Reliable, experienced, honest and affordable. LICENSED, BONDED, & INSURED. Regular, one-time, or move-out cleaning available. Specializing in detailed cleaning. No machines to talk to. 703-820-1808.

HOUSE CLEANING. Reliable, experienced, good references, flexible scheduling, reasonable rates. We bring our own equipment. Weekly - bi-weekly - monthly - occasionally. One-time, move-in/out, offices. For free in home estimate call Maryen/ Raul at 703-321-5335.

FAIRLINGTON MAID SERVICE. Serving Fairlington since 1978. Call today for your Spring cleaning needs. We are family owned and operated. Our staff is reliable, trust-worthy, punctual, and detail oriented. Our prices are reasonable, our service is thorough. We love pets, too. 703-820-8635.

JADA'S CLEANING SERVICE. Reliable, experienced and good references. Weekly, bi-weekly, monthly, occasionally, move in/out, windows and offices. Other services: carpets steams cleaned. Call us for free estimates (703) 569-7799.

B&A CLEANING SERVICES. 22 years experience. Excellent references in Fairlington and all areas. Reasonable prices. We provide our own equipment and supplies. Call for free estimate 703-495-0781.

Pet Services

PET & PLANTCARE BY GERRI, LLC. Reliable, loving care for your dogs, cats, rabbits, birds, or fish. Petsitting, playgroups, walks, feedings, medications. Indoor/outdoor plantcare. Established 1999 by 19-year Parkfairfax resident; bonded and insured. Competitive rates; flexible arrangements. Call 703-379-7719.

BOW-HOUSE PET CARE. Pet care in your home. Cats and small dogs. Accredited. Bonded & Insured. Licensed. We'll "sit" for your pets. 703-998-3307. www.bow-housepetcare.com. References available.

DOG WALKER & PET SITTER-REASONABLE RATES. Special rates for regular walks. Mature, responsible, reliable and dependable woman with excellent Fairlington references. Suzanne Mitchell: Pal4Paws.Suzanne@gmail.com or call 703-868-8894.

ALWAYS CARING PET CARE. Dog walking,cat sitting. Reliable, flexible, and friendly midday, holiday or vacation care for your pets. Serving Fairlington for over 10 years. Excellent references 703-765-0990.

DOG WALKER. Long-time Fairlington resident and dog walker. Reasonable rates. Excellent references. Flexible schedule. My business is going to the dogs.....your dogs! Call Ed, 703-578-3056 or 703-477-1425(C)

Mini-ads

Real Estate

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Richmond model w/ almost new
kitchen. Separate storage area in LL.
Needs some cosmetic updates but
priced accordingly @ \$299,000. E-mail
Debbie@DebMiller.com to see.

DOMINION I. 4911 31st St. S #3156,
Arlington VA. Full size 3 bedroom,
2 bath condo on 3 levels. 1830 sq.
ft. Remodeled kitchen with granite,
breakfast bar and ceramic tile floor.
Oversized master bedroom with
hardwood floors. Fully finished lower
level with rec room, third bedroom
and remodeled full bath. Please call
Leslie Mitchell, The Virginia Realty
Group, RE/MAX Gateway, 703-599-
7333. Listed at \$529,900.

WANT TO BUY. Hermitage,
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in Fairlington. Contact Patti
703-850-0781/571-438- 6661.

FOR SALE. Gorgeous renovated
Berkley unit 2916 S Buchanan Contact
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NOTICE TO ALL ADVERTISERS

Due Date for All Ads: 6 pm on 10th of the preceding month (May 10th for June. issue)

Payment: BOTH payment and ad copy must be received by the 10th.
Make checks payable to "Fairlington Citizens Association."

NEW E-Mail Address for All Ads: fca.fairlington.ads@gmail.com

Mailing Address for All Ads and Checks: FCA-AFB, PO Box 6182, Arlington, VA 22206-0182

Drop-Off Location for Ads and Checks: Drop-Off Box in Fairlington Community Center,
3308 S. Stafford Street

MINI-AD FORM

Mini-ad copy can be e-mailed to fca.fairlington.ads@gmail.com and then submit your payment by mail to
FCA AFB, PO Box 6182, Arlington, VA 22206-0182 or drop off ads and checks to the drop-off box in the Fairlington
Community Center, 3308 S. Stafford Street. E-mailed ad text will not be processed until payment is received.

Write key words from your ad on the check for reference. (Example: "Yard Sale" or "Lost Camera")

Cost is 50 cents per word (e.g., "998-0000" and "stove" are each one word; "interior/exterior" are two words).

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Vanity & sink where W&D once were in Clarendon lower bath. Photo taken from inside new full-size shower.

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Wall unit in townhouse basement

WHO WE ARE:

DeLong Home Improvement (DHI) is a licensed and insured General Contracting firm, specializing in **kitchen, bathroom and basement** remodeling. DHI provides free estimates, personal service and superior results. We employ three crews full time and today, 90 percent of our company's business is in **Fairlington**, with more than 230 projects completed in all of the neighborhoods in the past four years.

WHAT WE DO:

KITCHENS, BATHS, BASEMENTS!

- Attic Stairs & Floor Installation
- Bookshelves & Wall Units
- Carpentry & Crown Moulding
- Hardwood Floor Refinishing
- Kitchen Ceiling Renovation
- Painting & Drywall
- Patio Remodeling
- Recessed Lighting
- Spruce up to Sell or Rent
- Tile – floors & walls
- Whole-House Renovations

WHAT OUR CLIENTS SAY ...

Bob really knows his stuff, and Anne is very helpful and always has great design ideas --plus they really know Fairlington! - *Kitchen Remodel, S. Utah St.*

LOTS of photos at: www.dhibob.com

Remodeling Corner

★ Important Information For Fairlington Residents ★

New Federal Regulations now in effect for Remodeling Work in Homes Built before 1978

A new Federal regulation, the **Renovation, Repair, and Painting Rule** (RRP), promulgated by the Environmental Protection Agency (EPA), went into effect on April 22, 2010 to limit public exposure to lead paint. The residential component of the new law applies to all projects taking place in pre-1978 homes, where more than 6 square feet inside, or 20 square feet outside, will be disturbed.

In brief, contractors, painters and many trades are required to

- Provide EPA information on lead paint to homeowners
- Attend the EPA training program to become "Lead-Safe-Certified"
- Employ new procedures and use new equipment to minimize dust
- Post signage to notify the public that a renovation is in progress
- Follow specific clean-up measures, including submission of test samples to the EPA in certain cases
- Complete a 27- point checklist and take photos of all aspects of the renovation

**DeLong Home Improvement has been certified
by the EPA to work in lead paint environments.
For more information, please request our fact sheet.**



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Featured Listings of the Month
For more details or pics, visit our office or our website
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Arlington, VA
Staunton

2 BRs/1 BA
Sq ft: 960

Price: \$334,999
MLS# AR7285660

Fairlington
Arlington, VA
Bradford

1 BR/1 BA
Sq ft: 1,008

Price: \$309,900
MLS# AR7279546



Mount Pleasant
Washington, DC

2 BRs/2.5 BAs
Sq ft: 1,210

Price: \$589,999
MLS# DC7253151

Park Fairfax
Alexandria, VA

1 BR/1 BA w/patio
Sq ft: 750

Price: \$270,000
MLS# AX7275881



Fairlington Mews
Arlington, VA
Bradford

1 BR/1 BA
Sq ft: 1,009

Price: \$323,000
MLS# AR7290566

The Arlington
Arlington, VA

2 BRs/1 BA
Sq ft: 755

Price: \$274,500
MLS# AR7287128



College Park
Alexandria, VA

3 BRs/2 BAs
Cape Cod

Price: \$659,900
MLS# AX7282622

Clarendon
Arlington, VA

3 BRs/2 BAs
Sq ft: 1800

Price: \$450,000
MLS# AR7268388



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