# **AFAIRLINGTON**BULLETIN

**JULY 2013** 



Volume 39, Number 7



www.fca-fairlington.org

## Celebrate the 4th! Parade and party





Join your Fairlington neighbors for the annual July 4th parade—one of Fairlington's most popular community events. Deck out in red, white, and blue. Decorate strollers, wagons, bikes, scooters, kids, and dogs. Assemble at the Fairlington firehouse at 9:45 am for the parade step-off at about 10. Watch and cheer from the sidewalks or join the parade as we march up Abingdon Street to the Fairlington Villages community center parking lot. The after-party features cool drinks and hot dogs, temporary tattoos, and the No Kid Hungry bake sale (see page 9).



#### FCA monthly meeting

Wednesday, July 10, 7 pm FCC 3308 S. Stafford St.

#### July 4th parade

Thursday, July 4, 10 am Start at Fairlington firehouse

#### **MOMS Club**

Wednesday, July 10, 4:30 pm FCC

#### **Fairlington Diners**

Thursday, July 11, 6:30 pm Las Tapas Alexandria

#### **Fairlington Diners**

Monday, July 22, 6:30 pm Beckett's Irish Pub Shirlington

#### **Book Group**

Tuesday, July 23, 7:30 pm FV community center

See Neighborhood News on page 23 and related articles for details about calendar events.

#### Safeway to close this month:

The Bradlee Safeway store is scheduled to close Saturday, July 13, for tear-down and re-build on the site.

# July 10 FCA meeting: Arlington County Board chairman will discuss support for Columbia Pike streetcar project

Arlington County Board chairman Walter Tejada will speak to Fairlington residents at the July 10 FCA meeting in support of the Columbia Pike streetcar project. Mr. Tejada requested the opportunity to address the

neighborhood in response to county board member Libby Garvey's remarks at the May FCA meeting in opposition to the streetcar project. Mr. Tejada welcomes the chance to discuss the county's approval of funding for the streetcar, which he will explain in a slide presentation, so that neighbors are informed about all views on the project. The pro-streetcar position can be found on the county Web site at http://sites. arlingtonva.us/streetcar. Ms. Garvey's position can be found on the Web site www.sensibletransit.org.



County board chairman Walter Tejada, at right, and board member Chris Zimmerman at Fairlington Day, 2010. Photo, Gretchen Fallon.

## Coming up ...

The FCA Board invites all Fairlington residents to attend its meetings, which occur on the second Wednesday of the month at the Fairlington Community Center (3308 S. Stafford St.) unless otherwise noted. If you would like to discuss a neighborhood issue at the meeting, please e-mail president@fca-fairlington.org or leave a voice-mail message at 703-243-1735 by the Sunday before the meeting.

#### July 10 agenda:

A finalized agenda for the monthly meeting will be posted on the FCA Web site the Sunday before the Wednesday meeting.

**Speaker:** Arlington County Board chairman Walter Tejada will speak in support of the Columbia Pike street-car project.

#### Regular business meeting:

- Approval of agenda
- Approval of June minutes
- Officer and committee reports
- Unfinished business
- New business

#### **Online resources:**

Find more information on the FCA Web site, www.fca-fairlington.org. Sign up for updates delivered to your inbox.



Find us on Facebook at Fairlington Appreciation Society.

Find the latest *AFB* online at the FCA Web site the week before hard copies hit doorsteps.

Web design by Global Thinking, Alexandria, VA, www.globalthinking.com.

#### **USEFUL CONTACTS**

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Police, Arlington (non-emergency)	703-558-2222	
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Dominion (power outages)	888-667-3000	
Fairlington Community Center	703-228-6588	
Metrobus Complaints	703-228-7929	
Miss Utility	811	
Pothole Patrol Hotline	703-228-6485	
Shirlington Library	703-228-6545	
Street Light Hotline	703-228-6511	
www.arlingtonva.us/departments/Environmental		
Services/dot/traffic/streetlights/index.htm		
Helicopter Noise Complaints	Bob Laser (FAA)	

#### **Fairlington Citizens Association**

PO Box 6182 • Arlington, VA 22206-0182 703-243-1735 • president@fca-fairlington.org

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#### All Fairlington Bulletin

Published monthly by the FCA Circulation: 3,449 households **Editor:** Gretchen Fallon

**Assistant Editor:** Christine Chirichella **Advertising Manager:** Beth Andrews **Distribution Manager:** Noemi Rivera

#### — DEADLINE —

6 PM, **10th of month** preceding publication month for commercial advertising, mini-ads, and editorial copy.

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E-mail editorial announcements to:
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#### **COMMERCIAL ADVERTISING RATES**

Community Center, 3308 S. Stafford Street

Artwork and check made payable to **FCA** are due the 10th of the month preceding desired publication date. Direct inquiries regarding advertising file requirements to Beth Andrews at 703-243-1735 #1.

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#### Fairlington is a National Register and Virginia Landmark Historic District For more information, visit www.fca-fairlington.org

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bob.laser@faa.gov

**Quaker parking survey:** Take the online survey to register your opinion about changing the current overnight parking restrictions on Quaker Lane. The survey will be open through July 8. Go online to the FCA Web site and follow the survey link.



The curb on Quaker. Photo, Gretchen Fallon.

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# PRESIDENT'S MESSAGE

Some of you have remarked on how much is happening in Fairlington these days. Each month's issue of this newsletter seems packed with a diverse collection of articles that show how vibrant Fairlington is. From farmers market explorations, to the arrival of Capital Bikeshare, to enrollment growth at Abingdon Elementary, to discussions about Park Shirlington redevelopment, this community pulses with activity.

Because this neighborhood vitality helps make Fairlington a great place to live, FCA works to foster a broad range of options to engage our residents. So far this year we've offered:

- Online surveys—more than 200 of you shared your thoughts this spring to help shape our priorities, and right now you can weigh in on potential parking changes along Quaker Lane.
- Diverse monthly presentations—we've introduced several new topics, such as cable provider issues and storm emergency preparedness.
- Real estate updates—keeping you informed about potential development that could affect Fairlington.
- Activities—expanding the menu of opportunities that get you out and about in Fairlington and offer the chance to meet more of your neighbors.

This summer, for the first time, we have a Fairlington high school student helping us enhance our social media presence and giving us the perspective of a younger generation. That's another way we are trying to engage all segments of our population.

And we're working on a long list of things for the coming months. These include a potential Fairlington 5K this fall, planting a Fairlington 70th Anniversary tree, investigating effective strategies for "aging in place," and testing your culinary skills with a barbecue cook-off.

We rely on the *All Fairlington Bulletin*, augmented by our Web site and Facebook page, to help you keep up with all this. We want it to be your "go to" source for Fairlington news. We try to keep the focus local—our little corner of south Arlington. Let us know how we are doing and what we can do to better serve you.

We have a lot going on. Executing all of this requires a great group of volunteers. I'm grateful to all of them for what they do. But there's still room for additional helpers. The more residents who are involved with our work, the stronger—and more valuable—our community is. I encourage you to think about what your niche is. We need you.

Guy Land, FCA President president@fca-fairlington.org

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# Dominion and Arlington OEM partner to respond to severe weather, power outages



Left to right, FCA president Guy Land, Dominion engineer David Ojumu, OEM director Jack Brown, ACPD Sgt. Rick Rodriguez, Dominion field operations manager Tony Savage, Dominion director of governmental affairs Deborah Johnson, and Dominion reliability manager Robert McIntyre. Photos, Gretchen Fallon.

Emergency preparedness information was well-received by a large crowd of Fairlingtonians at the June FCA meeting, which was coordinated by FCA treasurer Ed Hilz. The meeting featured local experts on getting ready, generally, for emergencies, and, specifically, for this year's storm season and accompanying power outages—the Atlantic hurricane season runs June 1 through November 30, and destructive thunderstorms and wind events can happen at any time.

Jack Brown, director of Arlington County's Office of Emergency Management, and OEM deputy coordinator Deb Powers were joined by a contingent of county fire fighters from Station 7 and Sergeant Rick Rodriguez from the ACPD 3rd District team, who are charged with coordinating and responding to emergency events. Just as important for understanding the emergency response to power interruptions in Fairlington was a team of Dominion Virginia Power's operations managers, introduced by governmental affairs director Deborah Johnson, who explained the utility's recent infrastructure improvements and restoration priorities.

When the power goes out and stays out, we're often told, get assistance by going online to this or that Web site or by flipping the radio to the emergency channel. In other words, deploy an electrical device when there's no electricity. The irony is not lost on the experts at OEM and Dominion. They know that we don't have power, that we may not have a full charge on the laptop battery, and that we may not own a battery-powered radio. (And they

can suggest some work-around responses; see page 13.) But their main goal, as severe-weather season gets underway, is to remind us of this single best tip: Get ready now. Be prepared to take care of yourself—powerless—for three days.

There are a host of storm preparedness tips, supply guides, and checklists, widely available in print and online, at ready.gov, redcross.org, arlingtonva.us/oem, and dom.com (see the video, 12 ways to prepare for a hurricane). Stock up on extra AA and C- and D-cell batteries for devices that use them. Assemble flashlights, water, and dried/canned foods; prescription medications; sturdy shoes and a change of clothes; cash; and plastic sheeting/tarp and duct tape. One easily overlooked but important item: Copies of documents such as insurance policies, identifications, and bank account/credit card records in a waterproof, portable container.



FCA treasurer Ed Hilz and Dominion reliability manager Robert McIntyre examine the map of Fairlington.

The Dominion engineers reviewed the status of the two main routes, with two circuits each, that supply power to Fairlington. Over the last several years (and particularly in the last year, since the June 29, 2012 derecho—a landmark event for metro-area power suppliers, with more than one million customers out of power, including 63% of Dominion customers in northern Virginia), Dominion has focused on and stepped up efforts to improve reliability (so that the lights don't go out) and to ensure attention to strategic planning for restoration (to get them back on timely when they do go out).

Fairlington residents will have noticed Dominion's infrastructure work here during the last year, replacing aging bulk feeder cable and pad-mounted switches. Through advanced thermal technology, explained Robert McIntyre, reliability manager for Dominion customers inside the

Continued on page 13

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\* Source: MRIS



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#### Farmers market work moves forward

The Fairlington farmers market founding committee, chaired by residents Lane Erwin and Melissa Beene, met in late May and early June to outline first steps in making the market a reality, as well as to gauge the commitment of Fairlington residents to work toward that end. By all accounts.





The farmers market committee June meeting, above left; at right, cochairs Melissa Beene and Lane Erwin. Photos, Gretchen Fallon.

interest remains high—one resident described the possibility of a farmers market here as the most exciting thing that's happened in Fairlington.

An enthusiastic group of about two dozen residents attended the first informational meeting in May. Participants heard from Ward Foley, of the county's Department of Parks and Recreation, about general things to keep in mind if the FCC were chosen as the site for the market. In addition, the group heard from Rob Swennes, manager of the Westover market, about organizing principles under affiliation with his non-profit organization, Field to Table.

Ms. Beene and Ms. Erwin led the discussion that followed, primarily answering questions and offering an opportunity for residents to express concerns—as always, parking and traffic are concerns in Fairlington. Based on this feedback, the committee chairs developed options that required early attention, investigation, and decision making: For example, for governance, the Fairlington market could partner with an established organization such as Field to Table or it could create, from the ground up, a market independent of any other affiliation. The group then identified issues for future spade work:

examining the pros/cons of governing structures; sharing thoughts about what kinds products and services the market could offer; and exploring site options.

With an overall positive response, the committee decided to move forward with planning meetings in June. At the June 6 meeting, questions were more

focused and answers more specific. What is the market's vision? The group will create it. How do we know what vendors to work with? The group will decide. What are the location criteria? The mandated criteria are zoning, access to bathrooms, and parking/accessibility. After discussion of various potential locations, the committee formed three working groups tasked with researching different locations: the FCC, other possible sites inside Fairlington, and possible outside sites (e.g., along Quaker Lane or at nearby Alexandria locations).

After gathering more concrete information to assist decision-making, the committee planned to meet again at the end of June. One thing certain has emerged from the discussions: A Fairlington farmers market is "a huge undertaking," said Melissa Beene, "but it's manageable with the enthusiasm and cooperation of our residents." Lane Erwin agreed: Yes, creating a farmers market is "a lot of work, but it's also exciting" and potentially a great opportunity for the whole community.

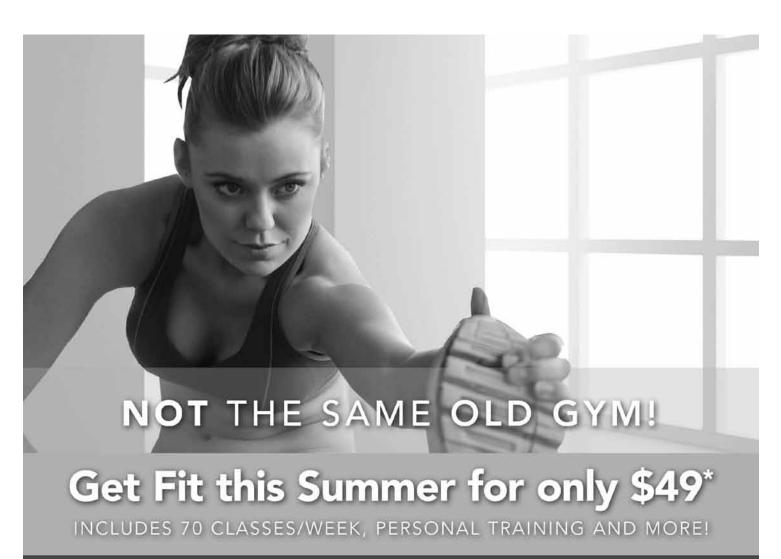
For more information about the market's progress, including dates for upcoming meetings, send e-mail to fairlingtonfarmersmarket@gmail.com.

# Bulletin carriers wanted for part time work, very local

The FCA board seeks to hire Fairlington residents as carriers for the *All Fairlington Bulletin*. Once a month, carriers deliver the *Bulletin* to households on one of the 12 routes in Fairlington within five days following the last Friday of the month. Payment is based on the number of households serviced per route, and the assignment is based on route availability.

Anyone interested should contact *Bulletin* distribution manager, Noemi Riveira, by e-mail at nbrlopez@msn. com. Provide name and contact information.











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# FCA engages summer intern—Welcome, Kate!



Kate Barton. Photo, Gretchen Fallon.

This year, FCA welcomes summer intern Kate Barton, a Fairlington Commons resident and rising senior at Bishop Ireton with scholastic news-gathering experience. Kate will examine FCA's digital and print media platforms in order to explore new ways to engage residents and better communicate with them, while learning about the workings of a civic associa-

tion. Association president Guy Land and vice president Kent Duffy recognize that Kate can contribute a new and imaginative perspective to FCA. She will provide a "valued voice in our conversation about community issues," said Land, and all of Fairlington stands to benefit from Kate's social media instincts and technology skills.

During July and August, Fairlingtonians will see Kate out and about on neighborhood sidewalks. When she talks to a resident or takes a photo, she may post her reporting to FCA's Facebook page (Fairlington Appreciation Society), tweet it out, or blog about it. Fairlingtonians can look forward to the immediacy of Kate's conversations with neighborhood moms pushing strollers, dog walkers, ballplayers, bikers, and pool-goers. If you see Kate, be sure to say "Hi" and introduce yourself—and prepare to be interviewed.

The Fairlington Historical Society's 2013 Home and Garden Tour in May was enjoyed by more than 500 participants. Ten homes and gardens featuring renovations of many tastes and budgets provided ideas and inspiration for all who visited. The FHS trustees want to express their gratitude to the tour's co-chairs, Jacqueline Maguire and Katherine Denzel, all of the volunteers who made the tour run smoothly, and the homeowners: Carol Bell, Joan Carter, Carolyn Currie, Richard Farano and Roxanne Sykes, Steve Garron, Wayne and Vicki Mercado, Phil and Carol Rosen, and Susan Tatum.

## Fairlington T-shirts are now available in kid sizes!

On sale at the July 4th parade after-party.

## July 4th bake sale



Plan now to join the parade of neighbors who donate home-made baked goods to the 4th of July bake sale, to be sold at the parade after-party in the parking lot of the Fairlington Villages community center. On the morning of July 4, before the parade, between 9 and 10 am, take your donations of muffins, cookies, and cakes to the No Kid Hungry bake sale table (no icings or fillings, please—they melt in the heat). The 11th annual July 4th bake sale (formerly known as the Great American bake sale) is sponsored by Share Our Strength, a non-profit dedicated to ending childhood hunger in America. There will also be a raffle of donated items from local businesses.

Since 2003, Fairlington neighbors have supported the bake sale, by donating and buying treats, and they have contributed more than \$10,000 to the nationwide program. For more information, go online to Bake.NoKid-Hungry.org. For questions, or to volunteer to help set up or sell, call event organizer Cathy Malin, 571-480-9260.



#### Bravo, Cathy!

Fairlington resident and July 4th bake sale organizer Cathy Malin has been honored with the 2013 Leadership Award from Share Our Strength for organizing a bake sale every year since the campaign's beginning in 2003. Few participants can boast

a similar, continuous 10-year record. The award was presented by Food Network stars Ted Allen and Melissa D'Arabian (*flanking Cathy Malin, above*) at an awards dinner held in June. Congratulations, Cathy!



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# Fairlington at 70

#### The firehouse

The Fairlington firehouse—known formally as Arlington County Fire Department's Station 7, informally as "the little house"—is a community landmark that inspires a special affection among the neighbors. The firefighters of Station 7 are always welcome participants in





popular Fairlington events, such as the 4th of July parade, the December Santa ride atop Engine 7, and the October open house in conjunction with National Fire Prevention Week. Many Fairlingtonians still think of this county facility as "their" fire station; some feel free to drop in for a visit, and all residents enjoy the feeling of security that a neighborhood firehouse provides. In fact, though, because of Fairlington's boundary-hugging geography, a majority of Station 7's calls involve mutual aid responses to Alexandria, Falls Church, Fairfax, and other points beyond Arlington.

But Fairlington's attachment to the firehouse remains strong, because the neighborhood and the landmark



station grew up together. When the Fairlington firehouse opened in 1943, it was part of Arlington's volunteer firemen's association. The following year, the federal government (which exercised authority through Fairlington's then-owner, Defense Homes)

bought a 1944 Chevrolet pumper truck for the station, and the entire enterprise was leased to Arlington County for its newly established fire department. The county bought the station in 1950 for \$3,500 (from *Fairlington at 50* by Catherine Fellows, 60th anniversary edition, 2003).

In the 1960s, the neighborhood lobbied hard to prevent the station from being removed, and in the 1980s the station was renovated and enlarged (slightly). The new construction, adding about 500 feet to the original 42 by 82-foot site, included a small addition and an expansion of the building's apparatus garage in order to accommodate the increasing size of modern fire engines. It remains the smallest station in Arlington.

## Rule of thumb for watering trees

A tree needs about 25 gallons of water a week. To prevent wasteful runoff, Casey Trees, a DC-area group that works for the preservation/renewal of the urban canopy, recommends these watering techniques, particularly during periods of heat/drought:

- Install a 25-gallon slow-release watering bag at the base of the tree. Fill once a week.
- Place a 5-gallon bucket perforated with small holes in the bottom at the tree's base. Fill five times a week.
- Put the mouth of a hose at the base of the tree; turn water on low for 30 minutes.

At the Casey Trees Web site, caseytrees.org, you can check the homepage every Monday for a weekly watering recommendation throughout the summer.



On a 90 degree day last September, county crews refilled the gator bags that irrigate drought-challenged street trees. Removed during winter, the gator bags reappeared in May. Photo, Gretchen Fallon.

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#### Power, continued from page 5

Beltway, the engineering crews are able to survey the ground and identify "hot spots"—places where the underground electrical line is emitting a leak and is therefore potentially subject to failure—and replace the line. In addition, for the problematic circuit into south Fairlington, Dominion has surveyed the route, pole to pole, examining switches, insulators, and cross arms. Also, Dominion is upgrading substations, building a new substation in the area, and building redundancy of capacity into the system, which means they can remotely "switch" to get the power back on faster rather than wait for a physical, on-site fix.

It was interesting to note that Dominion watches the weather as closely as do their northern Virginia customers. The utility employs two full-time meteorologists who provide twice daily weather updates, at 9 am and 2 pm, every day from May through October. Winter weather is easier to forecast, say the experts, but the weather is simply more changeable, less predictable during the summer storm season. Dominion responds to increasing levels of storm threat by assembling and deploying restoration assets and resources ahead of a forecasted severe weather event, said Tony Savage, operations manager for the Alexandria and Arlington area. And restoration efforts are prioritized in coordination with local jurisdictions: A little known fact—the public water supply is a first priority, as are public safety and critical care facilities.

Of course, Fairlington's underground electrical lines are a blessing, but our power supply is still subject to weather-related vicissitudes along the routes leading into the neighborhood. Fairlington Villages, north of the bridge, is supplied by routes that traverse fewer risk-prone miles than do the routes supplying the south side. Before reaching south Fairlington, Circuit 341, servicing the Meadows, the Glen, and parts of the Green, travels on overhead wires along tree-lined streets in Alexandria—on occasion, that simple fact can defeat the advantage of having all-underground power lines here and add time to restoration efforts. A description of Fairlington's



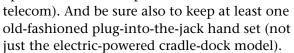
Sergeant Rodriguez, Guy Land, and OEM deputy coordinator Deb Powers.

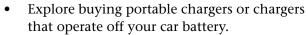
four circuits, together with a Dominion power grid map of the community can be found on the FCA Web site, fca-fairlington.org >Issues >Fairlington Power Grid.

#### Prepare, report, cope:

Consider these tips from OEM and Dominion:

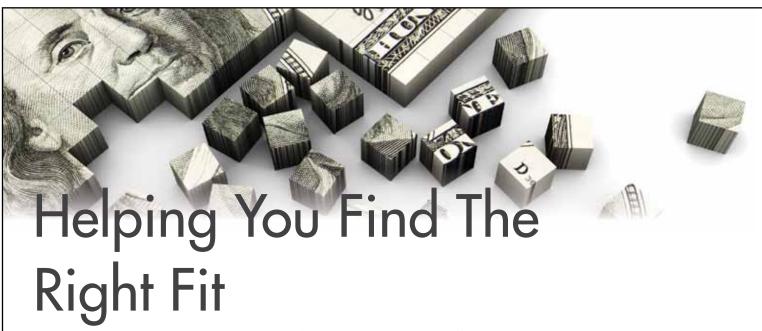
- When you can't use your power-challenged desktop or laptop, you can get to Dominion's Web site, www. dom.com, with a smart phone.
- Get a battery powered (or solar or hand-crank) radio.
- You might consider keeping a land line phone (fewer and fewer people do, but for now it remains the non-electric option for un-interruptible





- If you call 9-1-1, and get a voice-recording—
  "Please stay on the line"—don't hang up. This
  is not a glitch in the system; the system is working correctly. On occasion during a large event,
  Arlington's 10 OEM staff people who answer
  calls in the communications center can be overwhelmed by a large volume of calls all at the same
  time. But they will get to your call if you just stay
  on the line. If you hang up, it requires the dispatcher to call you back, and that additional step
  can waste valuable time during an emergency.
- You can access Arlington's emergency alert radio station 1700 AM via telephone: Call 1-415-655-0811 to hear a recording.
- Dominion's smart meters, which are computerized to gather/send power outage information, should be fully installed throughout Arlington by January next year. Still, Dominion says, call to notify the utility if your lights go out. Even when the meters are in place, there will be a lag time before they're all brought on line.
- Follow weather updates by signing up for Arlington Alerts, or go online to NOAA's Storm Prediction Center, www.spc.noaa.gov, and the Washington Post's Capital Weather Gang, www.washingtonpost.com/blogs/ capital-weather-gang.





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 Fairlington Resident

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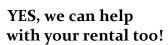
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# FACOMMUNITY Center news

#### Classes and workshops

Classes and registration: All levels of fitness classes, poetry, digital photography, arts and crafts, and more—there is something for everyone among Arlington's summer classes from Department of Parks and Recreation. Look for the summer issue of *Enjoy Arlington* at FCC or go online to www.arlingtonva. us/prcr to find more class listings. For registration or questions, call 703-228-4747.

**Garden mosaics:** Jazz up your garden with colorful mosaic garden features. This hands-on workshop will include techniques and materials used to install mosaics that withstand moisture, freeze-thaw cycles, and all forms of winter weather. Bring design ideas, sketches, color scheme, and materials such as glass shards, sea glass, pebbles, and flat marble nuggets. Ages 17 – adult. Thursday, July 11, 7 – 9 pm, 4 sessions, \$121. Inst: Tremblay. 440114A

**Kukuwa African dance work-out:** Move to a blend of African soukous and Caribbean soca rhythms. KDW® is a low impact/high energy choreographed workout designed to target the cardiovascular system, improve your fitness level, and pump fun through your veins! Fridays, July 19-September 6, 10 – 11 am. 8 sessions, \$40. Instructor, Divine. 910045-K

#### DPR's enhanced digital experi-

ence: You can now access facility, registration, and league information easily from your mobile phone. Plus your web experience to get things done online with Arlington DPR has improved too! Check field availability, find a court to play on, double

check class registration, or get upto-the-minute league standings on your mobile phone or tablet. Just go to https://registration.arlingtonva. us, and you will automatically be re-directed to Mobile WebTrac. Then tap on the option you are looking for. If you go to that same address on your computer, you'll see the new look too. Our Parks & Recreation Online Services landing page is redesigned to give you quick access to the things you do most often. You'll also find links to other online services, like online publications and newsletter subscriptions, in addition to field availability schedules for our diamond and rectangular fields.

#### iCan bike camp volunteers

wanted: iCan Bike (formerly Lose the Training Wheels) is designed to help individuals with disabilities learn how to ride a bike independently. Spotters are needed for twohour sessions between July 29 and August 2 at Kenmore Middle School (200 S. Carlin Springs Road) to run alongside the child as he/she learns, providing physical and emotional support. Volunteers must be 16 years of age or older and have sufficient stamina/strength to walk and run alongside a bike for 75 minutes. For more information or to volunteer, contact April Rosenthal at arosenthal@arlingtonva.us or 703-228-4736.

#### Senior center events

#### 55+ July/August registration:

Regularly scheduled programs are Tuesday through Friday from 8:30 am to 1:30 pm for residents 55 and older who hold a 55+ pass. We offer a variety of times, locations, and topics to accommodate your schedule. Have fun and get fit with Zumba, Pilates, yoga, or cardio-tone.

# FCC hours and contact info

Monday through Friday, 8 am – 9 pm Saturday, 8 am – 5 pm Sunday, closed.

Hours are subject to change. For updates and more information, call the FCC at 703-228-6588. The center manager is Patrick Mallon, 703-228-6590, pmallon@arlingtonva.us.

Get a complete description of classes online, www.arlingtonva. us > DPR or call 703-228-4747.

Brush up on tech skills with Facebook intros, cell phone workshops, and computer basics classes. Catch a movie, join a book club, play Scrabble, or practice ballroom dancing. Check out the latest 55+ Guide for full offerings. Our online class and trip registration is now new and improved! Registration for classes with fees begins July 1 (please note that we no longer accept American Express). Call Emma Valencia at 703-228-7791 for more information.

**55+ seated exercise:** Monday class and Thursday class. Especially beneficial for those with balance or mobility difficulties. Register for a series at the FCC or drop in for single classes at Madison. Register separately for each session. Mondays, July 15-August 26, 10 – 11 am, 7 sessions, \$28. Instructor, Fit2be. 910061-X. Thursdays, July 18-September 5, 10 – 11 am, 8 sessions, \$32. Instructor, Jill Kern. 910061-Y. For information, call 703-228-4745.

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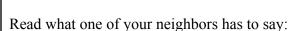


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# DOWN TO EARTH patio gardening



## Pretty in pink

In honor of the "Plant it Pink" campaign of the American Cancer Society's Cancer Action Network, I'm featuring pink-flowering, summer specimens.

An ACS volunteer from Illinois says, "We've been planting pink tulips in our area for years as a way to encourage women to take charge of their breast health. This year, we used the concept to gather new support for ACS CAN, and the response has been tremendous." The network is a nonprofit affiliate of ACS. One of its initiatives is the National Breast and Cervical Cancer Early Detection Program, which helps deliver lifesaving cancer tests to women in need of financial assistance.



#### Dianthus.

This one-inch wide pink flower stands at the end of 14-inch- blue stalks and loves to sit in

the sun. The perennial grows in clumps, so it appears like a bouquet planted in the soil. It also is known as cheddar pinks or sweet william.



#### Mandevilla.

This Brazilian native is an annual vine here. Its flowers show in pink, red, or white but

most of the specimens on local nursery lots are pink. The flower

is four inches wide with a yellow center. Its leaves are five inches long and shaped like a football. The surface of the leaf is puckered. The neck of the flower is deep, so watch for hummingbirds hovering near this sun-loving vine.



#### Petunia.

Maybe the most sentimental annual plant, it has trumpet-shaped flowers in

pink, red, purple, lavender, white, and yellow. But a hanging basket of pink petunia is still one of the most popular sales items in summer. Plant it in sun and pick off the spent blooms (when they fade and wilt) to encourage repeat blooming.



#### Sedum.

Usually a fall bloomer, this sun-loving annual's flowers start to show in late July/ August.

The foliage is paddle-shaped, rubbery, and bluish-light green. Its flower appears as a dome-shaped, soft-pink bloom at the end of 10-inch-long stems. At a large nursery, there will be several cultivars displayed. Some grow as a trailing ground cover with red stems—like the cultivar planted between flagstones atop the John F. Kennedy gravesite at Arlington National Cemetery.



#### Hydrangea.

The plant bears pink, white, and blue flowers, some the size of a double fist, in early to

late summer. There's no fragrance, but the flower shape is round and larger than a softball. The plant can take bright sun or moderate shade. Its leaf is fat and resembles an elm tree leaf with its serrated edge. In brutal summer heat, remember to water the hydrangea twice a day.



#### Columbine.

This flower's petals resemble a grasshopper with extended legs atop 16-inchlong stems

in early summer. Petals come in a multitude of colors while the foliage is clumped at the ground. It is a perennial that looks natural planted among small, decorative rocks.

**'Knockout' rose.** Blooms fill the shrub-like specimen from May into early December. Just as attractive is the foliage habit, which covers it from head to toe. Remember: The standard rosebush can reach 10 feet tall but the first three-to-four feet out of the soil offer only brownish bark blanketed in thorns.

— Bill Sullivan, www.sullivanslandscaping.net

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# ABING School news



# Abingdon activities flourish until the end

As the end of the school year approached, Abingdon's many activities continued, including the Project Gift Showcase on June 6 and a production of "Once Upon a Lily Pad" (*right*). And at the final Library Night, the summer "Book Bus" was on display.

On June 14, the year culminated in



the annual Field Day, which took place on the school's large playground, with two moon-bounces, tie-dye shirt making, an18-foot water slide, and the Fairlington Fire Department's spectacular spray. Mr. Diaz's band rocked on the patio as Anne Swyilok barbequed burgers and hot dogs. Over thirty parent volunteers supported the staff to create a memorable celebration. On June 19, Abingdon said goodbye to its fifth graders with a wonderful graduation ceremony. *Photos, Dana Andy, Traci Gravelle, Guy Land*.

—Dan Branch, PTA co-president



Principal Uyeda and friends (left to right), Mr. Cardinal, PTA co-president Dan Branch, APS school board member Noah Simon, and PTA co-president Dana Andy.



Field Day event planners, phys-ed teachers Mike Collazos and Joe Reed.





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# neighborhood news

#### **Book Group**

When young attorney Diana Holt took the case, Edward Lee Elmore, a black man, had long been on death row in South Carolina for the murder of an elderly white widow. In *Anatomy of Injustice: A Murder Case Gone Wrong*, Raymond Bonner follows Holt's decade-long battle to expose the racism, inept defense, and prosecutorial misconduct that had condemned Elmore. Join us to discuss the book on Tuesday, July 23, at 7:30 pm in the Fairlington Villages Community Center, 3005 S. Abingdon St. For more information, please contact Terry Gough at tjgough@verizon.net.

#### **Fairlington Diners**

Fairlington Diners is a group of Fairlington and non-Fairlington friends who gather for relaxed dinners nearby. We focus on having a good meal and an opportunity to chat with neighbors. In July, we'll have the following events:

Thursday, July 11, 6:30 pm, Las Tapas, 710 King St., Alexandria, VA 22314,703-836-4000, http://www.lastapas.us. This restaurant offers a large selection of authentic Spanish tapas—featuring over 62 appetizer varieties of lean grilled meats, fresh seafood, and vegetables scented with extra virgin olive oil, fresh herbs, and garlic. The signature plates of the house are their famous Paella Valenciana, Paella Marinera, and sangria. There are Flamenco dance performances Thursday evenings at 8 and 9 pm.

Monday, July 22, 6:30 pm, burger night at Beckett's Irish Pub in Shirlington, 2800 S. Randolph St., Arlington, VA 22206, 703-379-0122. They offer a wide variety of burgers, including a delicious lamb burger.

Please call Carol at 703-379-6840 to let us know you plan to attend, and leave a voice-mail if you don't reach her directly—include your name and how to contact you the day of the event, in case we need to let you know of a change in plans. If you'd like to be on our e-mail list to receive notice of our events a couple of weeks in advance, please send your e-mail address to carol\_dabbs@yahoo.com.

#### **MOMS Club of Arlington-Fairlington**

Members and their children of the MOMS Club of Arlington-Fairlington VA© chapter of the International MOMS Club participate in fun activities, service projects, Parent's Night Out, meetings with interesting speakers, and groups such as our walking, dinner, and book clubs. Our weekly age-specific playgroups start as young as birth and go up to 3+ years old. Playgroups are wonderful for kids, but they also offer parents a chance to find support and friendship.

Parents and parents-to-be are welcome to join us for our next general meeting on Wednesday, July 10 at 4:30 pm at the Fairlington Community Center. Children are always welcome. For more information about the club, the meeting, or membership, contact our Membership VP at fairlingtonmomsclub@gmail.com or visit www. fairlingtonmomsclub.com. Annual dues of \$25 support our club activities and charitable projects.

# Beat the heat—play cards in A/C comfort

Join your Fairlington neighbors for a friendly game of Canasta. No previous experience is necessary to enjoy this card game. We are happy to teach you. The group meets Tuesday mornings at a local church hall near Fairlington. Call Carol Ann at 703-931-8533.

#### Fairlington Babysitting Co-op

If you are looking for a night out without the kids or an afternoon to yourself, look no further than the Fairlington Babysitting Co-op. For more than 30 years, the Babysitting Co-op has been a community of parents helping parents right here in our neighborhood.

The Co-op is a network of Fairlington families who exchange free babysitting services. It's perfect for parents who would like to know dependable adults to watch their children and meet other families in the community. To request an application or for more information, Fairlington residents (north or south) can send e-mail to the coordinators at fairlington.babysitting@gmail.com.

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Serving Fairlington since 1978. We are family owned and operated. Our staff is reliable, trustworthy, punctual and detail oriented. Our prices are affordable, our service is thorough and we are great with family pets. We have references throughout the neighborhood. Call today for a free estimate. 703-820-8635.

**HOUSE CLEANING.** Reliable, experienced, good references, flexible scheduling, reasonable rates. We bring our own equipment. Weekly, bi-weekly, monthly, occasionally. One-time, movein/out, offices. For free in home estimate call Maryen/Raul at 703-321-5335.

#### JADA'S CLEANING SERVICE.

Reliable, experienced and good references. Weekly, bi-weekly, monthly, occasionally, move in/out, windows and offices. Other services: carpets steams cleaned. Call us for free estimates (703) 569-7799.

**B&A CLEANING SERVICES.** 22 years experience. Excellent references in Fairlington and all areas. Reasonable prices. We provide our own equipment and supplies. Call for free estimate 703-495-0781.

#### **Pet Services**

#### PET & PLANTCARE BY GERRI.

**LLC.** Reliable, loving care for your dogs, cats, rabbits, birds, or fish. Petsitting, playgroups, walks, feedings, medications. Indoor/outdoor plantcare. Established 1999 by 19-year Parkfairfax resident; bonded and insured. Competitive rates; flexible arrangements. Call 703-379-7719.

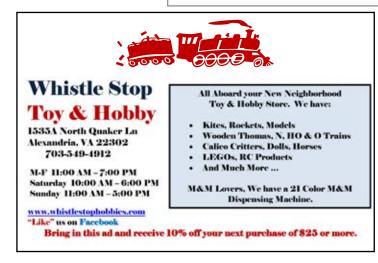
**DOG WALKER & CAT SITTER - REASONABLE RATES.** Special rates for regular walks. Mature, responsible, reliable and dependable woman with excellent Fairlington references. Suzanne Mitchell: Pal4Paws.Suzanne@gmail.com or call 703-868-8894.

**HOME ALONE FELINES.** Loving, professional, in-home care of your special feline. 703-671-5504; homealonefelines@gmail.com

#### **ALL WAYS CARING PET**

**CARE.** Dog walking, cat sitting. Flexible, reliable, reasonable. 703-765-0990;703-405-2775.

**PET CARE.** Vacation coverage my specialty. Will take care of your precious pet while you are away, either at my home or yours. Dog walking, cat sitting and other services available. Dependable and caring. Call 703-379-0827. References.





Please include the following information with all ads:



#### NOTICE TO ALL ADVERTISERS

Due Date for All Ads: 6 pm on 10th of the preceding month (July 10th for August issue)

Payment: BOTH payment and ad copy must be received by the 10th.

Make checks payable to "Fairlington Citizens Association."

NEW E-Mail Address for All Ads: admanager@fca-fairlington.org

Mailing Address for All Ads and Checks: FCA-AFB, PO Box 6182, Arlington, VA 22206-0182 Drop-Off Location for Ads and Checks: Drop-Off Box in Fairlington Community Center,

3308 S. Stafford Street. The FCC is closed Sunday. Open 8 am – 9 pm M – F, and 8 am – 5 pm Saturday.

#### MINI-AD FORM

Mini-ad copy can be e-mailed to admanager@fca-fairlington.org and then submit your payment by mail to FCA AFB, PO Box 6182, Arlington, VA 22206-0182 or drop off ads and checks to the drop-off box in the Fairlington Community Center, 3308 S. Stafford Street. E-mailed ad text will not be processed until payment is received.

Write key words from your ad on the check for reference. (Example: "Yard Sale" or "Lost Camera")

Cost is 50 cents per word (e.g., "998-0000" and "stove" are each one word; "interior/exterior" are two words).

Trease merade the rone wing information with an ads.	
Name:	Phone (h):
Address:	Phone (w):
City, State, Zip:	E-mail:
Category (see newsletter for options):	
Mini-Ad Text (please print clearly):	

# LONG AND FOSTER

# ⊗ARLINGTON/ALEXANDRIA ⊛

**OFFICE** 

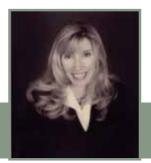
ArlingtonAlexandriaSales.Lnfre.com

4800 S. 31st Street | Arlington, VA 22206 | 703-998-3111

# May **TOP PRODUCERS**



Pat Shannon Top Producer



Pat Flavin Top Listing Agent



Fairfax/ Random Hills -Spacious & sunny top floor 3BR/2BA corner unit. Unique layout. Minutes to shops & restaurants. \$325,000 Call Kristin Usaitis



Arl/Forest Hills Commons — Renovated 3 level brick TH. 3BR/2.55BA. \$699,000 Call Barbara Wood



Arl/The Arlington—2BR condo w/ fireplace & balcony. Mins. to shops. \$300,000 Call Doug Luzik



Arl/Fairlington— Updated 1BR top floor condo w/huge attic for possible expansion, stainless kitchen w/ granite, plus HDWDs. \$269,900 Call Rebecca Ward



Manassas/Sudley—Totally renovated 4BR/2BA Colonial on huge corner lot. Great location. \$339,000 Call office for details



Springfield—Spacious 5BR/3BA split level. Mins. to Metro, 1395. \$430,000 Call Afroza Hossain

# SERVING FAIRLINGTON

